

Powerful New Film Reveals Emotional Impact of Stuttering

The life impact from stuttering can affect confidence, spontaneity, job performance and social interactions.

“The need to communicate is so basic that it affects everything we do,” said Stuttering Foundation’s Jane Fraser, “but the fear of speaking can be so overwhelming that without a great deal of courage, it can override the need to communicate.”

The Stuttering Foundation produced this cutting edge film in collaboration with expert therapists, Vivian Sisskin, M.S., from the University of Maryland and Lisa A. Scott, Ph.D., of The Florida State University.

A Fresh Look at Stuttering is a 24-minute video that follows 12 successful adults who stutter through their gradual transformation. They share their personal insights, successes, failures and the sources of courage they use daily to meet the challenge of stuttering.

“I think courage is a necessary component to effectively deal with stuttering,” said speech pathologist Ben Goldstein, one of the twelve. “We need courage to push through, keep talking, say what we want to say, and let our voices be heard — stuttering and all.”



This is reinforced by everyone in the film, from Baltimore’s Health Commissioner, Dr. Leana Wen, to homemaker Jenny Maguire, to Brookings Institution’s Bill Gale to entrepreneur Andy Shallal.

Gale leads off the video with the message that “you are not alone, there is nothing wrong with you. For many years it was terrifying for me to say my own name. You present yourself as an expert, and you sit down at the table, on

Continued on page 10

Watch a clip from this video at YouTube.com/StutteringFdn



RESEARCH CORNER *By Nan Bernstein Ratner, Ed.D., University of Maryland, College Park*

We Need a Broader View

If you remember your original “intro” text to communication sciences and disorders, it probably was divided into broad sections, such as speech, language, and hearing. Indeed, that was the actual title of my own intro text. In such texts, stuttering was always covered in the section on Speech Disorders.

Separating speech, language, and hearing was conventional for many years, including old record keeping of practicum and class-

room experiences for ASHA certification, and is an example of what is now called “modularity,” the assumption that an ability or skill is encapsulated in some way, cognitively or even physically, as in a discrete area of the brain.

But few scientists these days are convinced of the modularity of speech, language, or hearing – these skills overlap in major ways in everyday function. They are also increasingly documented as having impacts



Nan Ratner, Ed.D.

Continued on page 4

INSIDE

- Human-Animal Connection.....2
- Reach 55,000+ Pediatricians.....5
- Tips for Job Interviews.....6
- Hollywood Story.....12
- Letters from Kids.....16



The Human-Animal Connection Works for Stuttering

NEW YORK CITY — “From the Mayo Clinic to Emory University to our friends at Pet Partners®, there is growing interest in the important connection between human health and animals,” said Jane Fraser during the Stuttering Foundation’s New York City gala during National Stuttering Awareness Week in May.

“For those who stutter, finding someone who will be patient and listen is important. A therapy dog fills the bill! People are judgmental — animals aren’t — and those who struggle with stuttering know the difference. For them, having the opportunity to talk and be heard may be crucial in coping with this complex disorder.”



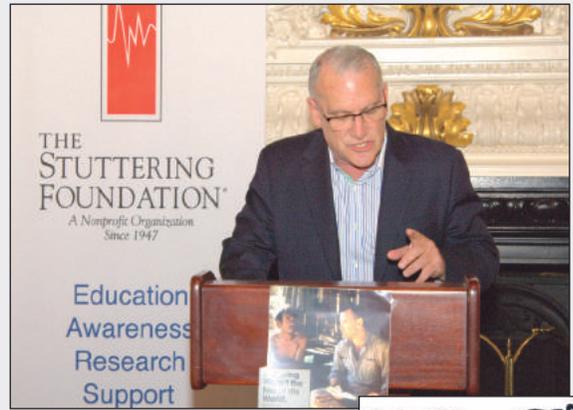
You Tube Watch video clips from the gala online at: <http://tinyurl.com/h4t4b7b>

Lia Schwartz and Pauly, from left to right, Jane Fraser, Holly Clark and Georgie, and Alan Rabinowitz.

kept in his closet to the caged jaguar he cried with in the zoo. We also salute Pet Partners therapy dogs, Pauly and Georgie, for reminding us of the comfort and kindness a trusted therapy pet can bring to us all—and especially to those who stutter.”

The gala highlighted Stuttering and the Animal Connection with renowned wildlife conservationist Alan Rabinowitz and two Pet Partners teams that specialize in human-animal therapy.

“We are thrilled by the perspective Alan brings to this effort. During difficult times with stuttering during his childhood, animals played a huge role, from the pet lizard he



Research *Continued from front page*

that overlap within individual disorders, such as stuttering.

Is stuttering a speech disorder?

Certainly, it involves speech. One hears the behavioral features of stuttering, which are present in the speech signal. But increasingly, stuttering has been shown to have features that intersect with language: recent literature shows rather compellingly that children who stutter tend to have less good language skills, that adults who stutter find some language tasks more difficult than their non-stuttering peers do, and that both adults and children who stutter appear to process language differently than fluent peers, as measured by brain responses, even when passively listening to well-formed and poorly formed utterances.

Some studies suggest that the strength of language abilities at first diagnosis may predict which children recover spontaneously, with less good language skills associated with a risk for persistence. As in many other disorders, being diagnosed with one communication impairment, such as stuttering, carries elevated risk for having a second disorder, such as language or phonological delay/impairment.

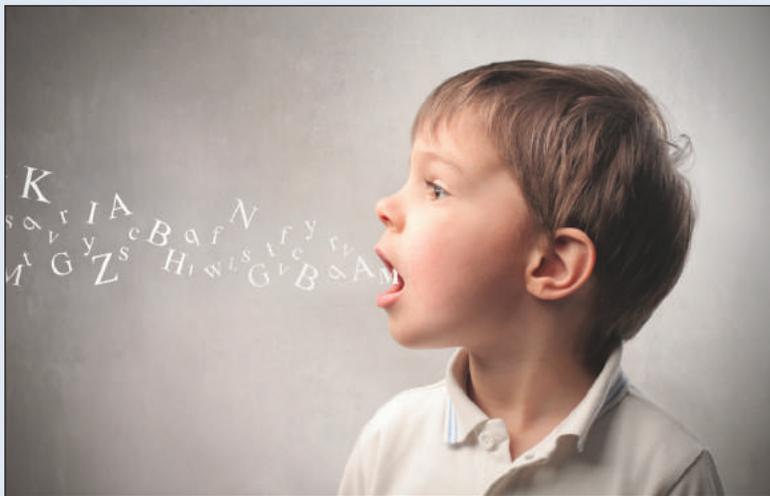
Even if we prefer to consider stuttering a motor movement disorder, its features are not confined to the speech system: both adults and children who stutter find it more difficult to learn and master not only novel sequences of sounds but gestures such as tapping a rhythm as well.

Speech motor coordination in both children and adults who

stutter is adversely impacted by the linguistic complexity of the utterance they are trying to produce. Finally, many studies continue to show that those who stutter find it much more difficult than other speakers to “multi-task” or respond to two tasks at once. Under such conditions, their performance tends to slow and/or decline more than we would see in their fluent peers.

Even hearing may interact with stuttering in ways that are as yet poorly understood.

Neuroimaging appears to suggest that adults who stutter have depressed function in areas that



tend to be associated with self-monitoring.

One study suggests that adults who stutter demonstrate an atypical profile of activity in circuits that are meant to monitor one’s own speech while speaking, as distinguished from the circuits used in listening to others. Certainly, one unique feature of stuttering in young children is the high degree of awareness that many children who stutter have of their speech difficulties – compare any young child who stutters, even close to onset, with a child who has an articulation or language problem. The differences are obvious and somewhat startling, especially because young typically developing chil-

dren don’t tend to notice errors in their speech when they talk.

The heightened sensitivity that many children who stutter show to their own speech and to the reactions of others around them is clearly a factor in the development of the so-called affective and cognitive components of stuttering that also distinguish it in major ways from other developmental communication disorders.

Why is any of this research important in working with children who stutter? It’s valuable, in our opinion, to understand that a person who stutters may be working with a language formulation and

motor execution system that has challenges that go well beyond the speech motor system; and that fact may require us to integrate best practices from other areas of the field in order to achieve best outcomes.

Even if your goal is to teach your client new ways of “smooth talking” or “sliding out” of dis-

fluent moments, basic research that has broadened our understanding of stuttering suggests that considering linguistic, motor, cognitive and affective components of your client’s profile may aid in achieving better outcomes.

When working on fluency skills, have you considered the strength of your client’s sentence formulation and word retrieval skills? Given the impact that linguistic challenge may have on speech motor coordination in stuttering, have you tried to teach new fluency skills in conversational contexts that begin at simple levels and then gradually increased language and cognitive demands

Continued on page 10

We Did It Again!!!

Stuttering Foundation Reaches 55,000+ Pediatricians in July

When parents have questions or concerns about the health and development of their children, the first place they often look for advice is from their doctor. As a result, pediatricians have become the first source of information on stuttering for many families. For three decades, the Stuttering Foundation has been reaching out and supplying trusted information to pediatricians to inform their counsel and to share with anxious parents.

Stuttering Foundation President Jane Fraser discusses how the organization's outreach to pediatricians began:

How long have you been reaching out to pediatricians?

We first exhibited at the convention of the American Academy of Pediatrics in Orlando, Florida, in 1988. Dr. Dean Williams, his wife Bette, Joe Fulcher and I were at that first convention. The Foundation has attended every AAP Convention since then — 30 years of outreach to physicians from around the world.

What was the reaction of the pediatricians to seeing a booth about stuttering?

One of the first comments from physicians was “we’d like to have a book targeting just pediatricians.”

Barry Guitart, Ph.D., University of Vermont and Edward G. Conture, Ph.D., Vanderbilt University, who had just put together an article for a pediatric journal, agreed to produce a concise booklet. They were joined by several well-known pediatricians and Dr. Dean Williams of Iowa University, Vice President of Education for the Stuttering Foundation.

The result was *The Child Who Stutters: To the Pediatrician*, now in its 5th revised edition. This succinct booklet has now been trans-



Dr. Dean and Bette Williams at the convention of the American Academy of Pediatrics in 1988.

lated into many languages including Spanish, Polish, and Portuguese. Just this week, we received a request to translate and publish it in Italian.

“Thank you so much for your work and for sending us the film, *7 Tips for Talking With the Child Who Stutters*. This will serve as an invaluable reference for my pediatric practice,” writes Robyn Mayfield, M.D., of Brookline, Mass., on July 15, 2016.

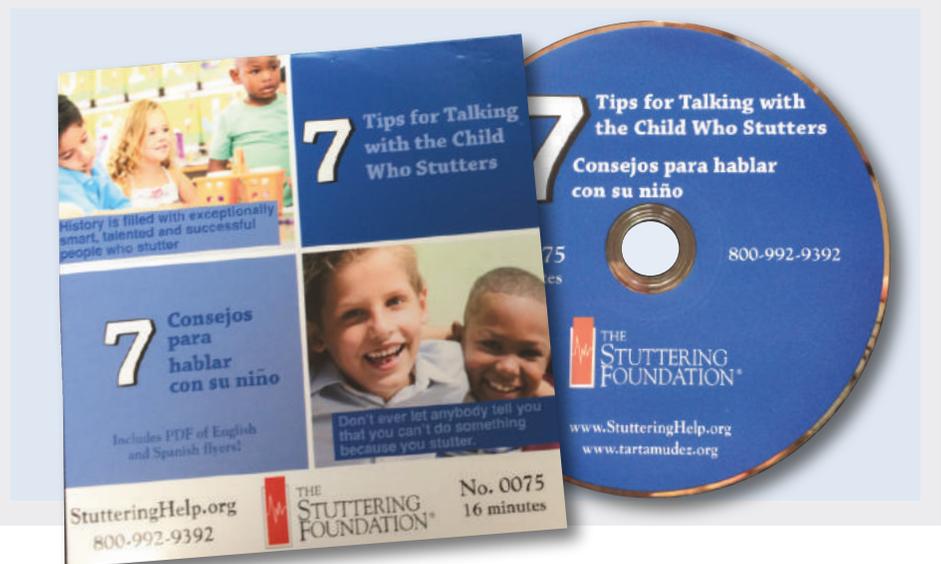
How has this outreach made an impact?

More and more people tell us they heard about us through their pediatrician and that physicians are referring children who stutter

for additional help, so we feel the impact has been substantial.

The outreach has been two-pronged. We attend the AAP Conventions each year where speech-language pathologist June Campbell greets pediatricians, answers their many questions,

Continued on page 10



7 Tips for Job Interviews

Whether you stutter or not, job interviews are among life's most difficult tests. The first thing to remember is that interviews are very tough for everybody; not just you. Here are seven tips to make your next job interview your best job interview.

1. Be prepared.

Before any interview, do your homework. Find out everything you can about the company or organization. Know about the person or people you will be meeting.

2. Practice, practice, practice.

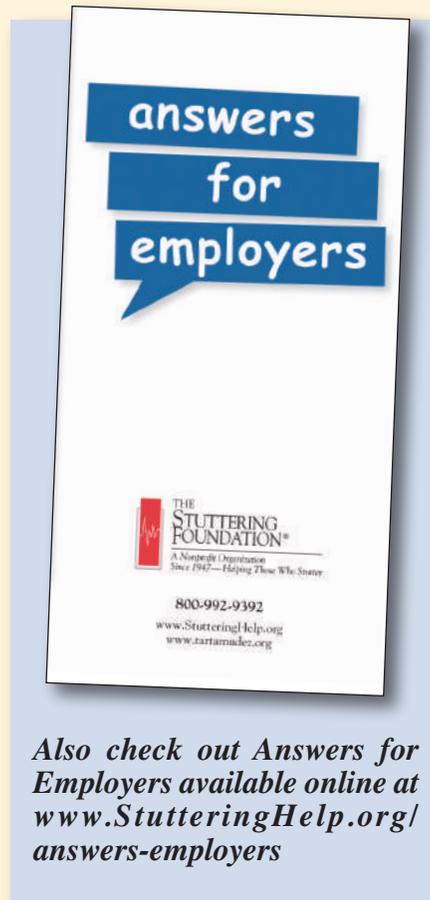
Think about the questions you will most likely be asked and how you will answer each. Practice words and sentences that you will likely use to answer those questions. Practice how you will discuss your experience or your career. Practice how you will discuss the value you can bring to the organization. Simulate the interview through role-play with a friend or family member.

3. Be aware of your skills, abilities and experiences.

Be able to talk about how you can contribute to the organization. Show that you believe you can do the job by referring to your skills, abilities, and experience. Be prepared to discuss your stuttering. Be open, honest, and transparent. Tell the employer how it will not impact your ability to get the job done. If you feel comfortable with doing so, tell the employer at the very beginning of the interview about your stuttering—this way you can better control the discussion about it.

4. Be ready to ask relevant questions.

The interview is not only for the employer. The interview is also for you to learn about the



Also check out Answers for Employers available online at www.StutteringHelp.org/answers-employers

position and to see if it really is for you. If you are properly prepared, you should know about the position and be able to ask questions that are relevant to you. Prepare to ask at least three questions during the interview.

5. Don't be late for the interview.

Plan your time to arrive early and compose yourself before the interview. Check your appearance in the restroom mirror before checking in at the interview. Take enough time to compose yourself before meeting the employer. Stress can exacerbate stuttering for many people. Limit stress by being punctual.

6. Be confident.

An employer will not be trying to trip you up during the interview. If you don't believe you are the best person for the job, why should the employer? Believe in yourself. Keep good eye contact during the interview. Sit tall. Smile often. Be engaging when listening. Be enthusiastic when answering. Make sure you give everyone a firm handshake.

7. Don't be discouraged if you do not get the job.

Remember that there are probably many applicants and that only one will get the job. Learn from the experience and aim to be better at the next interview.

NEW DIRECTIONS

First Workshop for University Faculty

In May, the University of Iowa and the Stuttering Foundation co-sponsored the inaugural University Instructors' 5 Day Workshop.

Fewer and fewer doctoral degrees are being granted with fluency disorders as the primary emphasis area. Because of this the Stuttering Foundation saw a need to provide support to course instructors who do not have clinical or academic/research expertise in stuttering.

Co-instructors Tricia Zebrowski of the University of Iowa, Vivian Sisskin of the University of Maryland, and Lisa Scott of The Florida State University led the workshop.

"Increasing university instructors' skills and confidence in providing instruction in stuttering for speech-language pathology students was our most important goal," said Lisa Scott, Ph.D. "We are focused on developing course content, choosing relevant readings and multimedia materials, strategies for creative instruction, and measuring student outcomes through practical assignments and exams were all emphasized."

One participant commented, "I think we did something incredibly unique and important."

Vivian Sisskin said, "The instructors we worked with will not only provide good information but will also imprint their enthusiasm and passion along the way. Nothing better than that."

Feedback from workshop participants included comments such as:

- "This has been one of the best workshops I have attended. Many of the concepts/principles I've learned here will influence how I teach others."

- "I will be able to expand upon my planned topics and refresh activities. It has done wonders for my confidence and jazzing up my course."

- "This has been one of the most productive and helpful workshops



Front Row, left to right: Stacey Wallen, Jill Douglass, Caroline Bredeson. Middle row: Nelly Cecelia Ching, Tricia Zebrowski, Skye Raupp, Kerry Mandaluk, Lisa Scott, Vivian Sisskin, Ginger Collins, Yulia Filatova, Laura Johnson. Back row: Naomi Hertsberg, Joseph Agius, Lynn Fox, Laura Wilson, Kate Bunton, Karmen Porter, Sheryl Gottwald, Ana Leko Khren, Katerina Ntouro, Danra Kazenski, and Janet Tilstra.

From more than 60 applicants, 19 faculty were selected to attend, representing U. S. and international programs:

- University of Arizona
- University of Montana
- University of New Hampshire
- University of North Carolina-Chapel Hill
- University of Tulsa (Oklahoma)
- University of Vermont
- University of Wisconsin-Whitewater
- Edinboro University (Pennsylvania)
- Fort Hays State University (Kansas)
- Georgia State University
- Oklahoma Health Sciences University
- Pacific University (Oregon)
- Sacred Heart University (Connecticut)
- St. Cloud State University (Minnesota)
- University of Malta
- University of Ottawa (Canada)
- Universidad San Martin de Porres (Peru)
- University of Zagreb (Croatia)
- Moscow State Education University (Russia)

I've ever been to!! I'm looking forward to implementing some key changes to my class in terms of content and assessment methods. I feel like this class has given

me the needed tools."

Participants left Iowa City making plans to keep in touch and support one another as they implement ideas into their own courses.



'Passion Shines' at Philly Workshop

In June, Children's Hospital of Philadelphia (CHOP), Florida State University, the University of Maryland, and the Stuttering Foundation of America co-sponsored the sixth Mid-Atlantic Workshop in Philadelphia.

Fifteen speech-language pathologists from Alabama, Illinois, Kansas, Maryland, New Jersey, New York, Pennsylvania, North Carolina, Canada, and Peru, met June 13-17 at the Buerger Center for Advanced Pediatric Care on the CHOP campus. The workshop was led by co-instructors Joe Donaher of the Children's Hospital of Philadelphia, Vivian Sisskin of the University of Maryland, and Lisa Scott of The Florida State University.

Emphasis was placed on creating relationships with children, families, and teachers that would facilitate the greatest success for children who are working to improve their communication skills. A variety of learning opportunities were used including traditional lectures, small-group case problem-solving and practice of the various clinical and relationship skills, and watching videos of therapy sessions.

Feedback from workshop participants included comments such as:

- "What a truly incredible experience! I am confident that the Stuttering Foundation's generosity in allowing me to participate in this workshop will have a positive ripple effect as I take home this knowledge and share it."



Front row, left to right: Vivian Sisskin, Lisa Scott, and Joe Donaher. Middle row: Kharina Beatriz Frisancho-Toro, Elizabeth Paige Cooper, Diane Brown, Kim Barnes, Lisa June Yee Leung, Ashley Rach. Back row: Megan Sullivan, Kimiko Pears, Catalina Garcia, Sarah Miles, Amy Hadley, Christine Hall, Caroline Bredeson, Kelly Harrington, and Aimee Pharr.

- "I really enjoyed problem-solving in a group and thinking about diagnostics, tools we can use, and creating a treatment plan that is tailored to each child."

- "The presenters were so approachable and made you feel comfortable about asking any and all questions."

- "Thank you again so much for this wonderful opportunity! It was truly a game changer for me. I know I will use the strategies, knowledge, and techniques that I learned this week to make a positive difference for my clients for years to come."

Additional 5-day workshops are being planned for Summer 2017. For applications or more information, download applications on the web at www.StutteringHelp.org/workshop-applications.

"Thank you again so much for this wonderful opportunity! It was truly a game changer for me."



"Exceptional speakers; their passion shines through!"



Eastern Workshop...

'Helps Me Give Hope to My Clients'

The Stuttering Foundation's Eastern Workshop "Using Cognitive Approaches with People Who Stutter" was held from June 13-17 at Boston University for the 8th year running. Elaine Kelman and Alison Nicholas of the Michael Palin Centre for Stammering Children continue to bring unique expertise and current practices to the specific skills training that occurs throughout the week, focusing on Cognitive Behavioral Therapy, Solution Focused Brief Therapy, and Palin Parent-Child Interaction Therapy.

This year's experienced participants gathered from Croatia, Israel, Italy, Peru, Poland, Sweden, Toronto, and the US. The quality of interaction between presenters and participants resulted in problem-solving cases for immediate application upon returning home.

"What I have learned in these five days will help me give hope to my clients and their families, empower them, and give them independence to achieve their goals," exclaimed one participant who echoed the group's sentiments.

A special guest appeared on the first day of the workshop to the delight of everyone. Dr. Kathleen Scaler Scott presented to the group on "Cluttering: The Basics of Assessment and Treatment."

This superb clinical presentation was full of practical strategies and ideas and was filmed to add to the Foundation's library of resources for professionals. Be on the lookout for this DVD publication in the near future.

If you are interested in attending this workshop next summer, be sure to visit our website, www.StutteringHelp.org/workshop-applications.



Seated, from left to right: Alison Nicholas, Elaine Kelman, Jane Fraser, and Diane Parris Constantino. Second row: Allison Haas, Susanna Wennerfeldt, Brittany Falcon Rutland, Cassie Soofi, April Nelson, Blazenska Brozovic, Elaina McMurry, Sara Zanin, Magda Smolarek, and Jennifer Bauer. Back row: Kim Stallings, Julie Shulman, Glenna Johnson, Stephanie Hughes, Andrea Terry, Hadar Kaidar, Raquel Quint, Jose Alberto Paredes, and Anna Mamica.



"What I have learned in these five days will help me give hope to my clients and their families, empower them, and give them independence to achieve their goals."



Research

Continued from Page 4

to more challenging levels?

Given the robust association of vocabulary skills with school and standardized test achievement, probably every child on your caseload can benefit from vocabulary enrichment in the course of therapy for other targets.

The relatively weaker profiles of children who stutter when learning new sequences or gestures implies that it may take much more practice to create “expertise” in using fluency skills, just as it appears to take much more exposure to new words to learn them for children who have SLI.

Every child and adult finds that the most challenging multi-tasking in speech — or even sports performance — is thinking about others’ reactions or evaluations, which may be why public speaking is universally feared by most **fluent** speakers.

Consider how hard it is for your client to balance language formulation, speech execution, and monitoring for their own and others’ reactions. A simple way to appreciate it for those who don’t stutter is to ask yourself to repeat (“cancel”) each time you say “um,” “uh,” or any other favorite filler — invite a family member to watch and see how well you are doing with this task. Then stop and ask how long it might take you to change your speech patterns and make that

change durable.

Finally, I believe that the most disservice that has been done in considering stuttering to be “just” a speech disorder is in how we tend to view the pace of stuttering therapy.

I was once asked by a superintendent of a school system to provide a stuttering workshop for her SLPs. She explained that clearly they needed such a workshop because, to quote her, “The stuttering kids never get off the caseload.”

This stopped me in my tracks. I asked her whether or not the “language kids” ever got off the caseload. She acknowledged that students’ language problems tend to require ongoing work, as the challenges of the curriculum evolve over the child’s development.

Then I asked her why should stuttering be any different? You already know her answer: because it’s a speech problem. The children who misarticulate get off the caseload rather quickly; by this analogy, so should the children who stutter.

Most newsletter readers will see the failure in reasoning here. But it’s really just one more consequence of seeing stuttering in our old intro text’s table of contents as a speech disorder. Perhaps taking a broader view will help not only to understand stuttering better, but to treat it better as well.

70th Birthday

The Stuttering Foundation is marking its platinum jubilee in 2017! This will be a year-long celebration that looks back on our 70 years of helping those who stutter.

How should we celebrate?

We would like to hear your ideas. Please email us at info@StutteringHelp.org.



Film *Continued from front page*

a panel, and you can’t even say your name.”

He then adds, “Actively stuttering is an incredibly powerful thing to do. Jenny concurs, “you can’t connect with people if you’re stuck in your own head.”

We see the transformation of these 12 adults as they discover the paradox that by accepting their stuttering and talking more rather than hiding it, they actually achieve more fluent speech.

By stepping out of their comfort zone, they meet the challenge of stuttering head-on.

Pediatrician

Continued from Page 5

and gives them print and video information.

We also began mailings of the informative booklets to thousands of pediatricians. The early mailings of *The Child Who Stutters: To the Pediatrician* were funded in part by The Annenberg Foundation. Ambassador Walter Annenberg felt that these mail-

ings were of utmost importance as pediatricians are on the front lines of where parents turn first for help on health and development issues.

“When parents are concerned about their child’s stuttering, I refer them to a speech-language pathologist right away,” wrote Katie Fine, M.D., back in 2014. “Parents are often so frightened and puzzled when stuttering appears suddenly, and they need the

reassurance and guidance that a therapist can give.”

What did you include in the mailing to pediatricians?

Our summer 2016 mailing to more than 55,000 pediatricians included the DVD titled *7 Tips For Talking With the Child Who Stutters* as well as the accompanying book.



The Stuttering Foundation's busy booth during the conference.

ID Card Popular at International Conference

The Stuttering Foundation exhibited at this year's International Stuttering Association conference at the Hyatt Regency in Atlanta, Georgia.

The ISA this year partnered with the National Stuttering Association, bringing together people who stutter from the U.S., Australia, Brazil, Cameroon, Canada, Croatia, Denmark, England, Germany, Iceland, Israel, Japan, Latvia, Netherlands, Norway, and Poland.

One of the most requested items was the "I Stutter" ID card. We heard many stories of how people use them during a traffic stop, while going through security at the airport, and some students show it to their teacher. *Advice to Those Who Stutter*, *Self Therapy for the Stutterer*, and *A Stutterer's Story*, along with *A Fresh Look at Stuttering* DVD, led the way as most requested items.

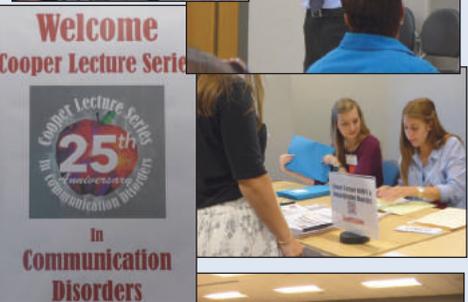
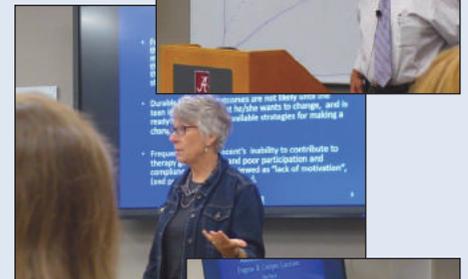
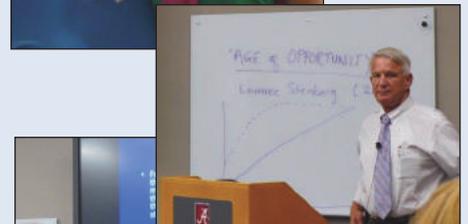
Symposium Marks 25 Years

Tricia Zebrowski, Ph.D., and Walt Manning, Ph.D., spoke in July during the 25th anniversary of the Cooper Lecture Series in Communication Disorders at the University of Alabama in Tuscaloosa.

The Lecture series is in memory of Dr. Eugene B. Cooper, who passed away at the age of 81 on Nov. 21, 2015. He served as chair of the Communicative Disorders Department for 30 years.

The series was established to honor him and his wife, Crystal.

Dr. Cooper was also very involved with the Stuttering Foundation. In fact, *Clinical Management of Chronic Stuttering*, a video that he did with Dr. Hugo Gregory, is still available from the Foundation. He also wrote a chapter in the book *Effective Counseling in Stuttering Therapy*, which is one of the Foundation's most popular resources.



Crystal Cooper speaks during the Lecture Series.



Jim Hillis, Gene Cooper, and Jane Fraser in 1988 at a conference at George Washington University.

DONATE!!
CFC #11047



HOLLYWOOD

The Real-Life Story of Budd Schulberg

While Budd Schulberg is best remembered for his Oscar-winning screenplay *On the Waterfront*, he had a diverse and phenomenal career as a screenwriter, novelist, sports writer, and television producer. Seymour Wilson “Budd” Schulberg was born in 1914 into a powerful Hollywood family. His father was B.P. Schulberg, a movie producer who became head of Paramount Studios, and his mother was Adeline Jaffe Schulberg, who founded a prominent Hollywood talent agency and was an agent for high-profile novels. B.P. Schulberg was able to forge ahead to have a brilliant career despite his struggles with stuttering. His son Budd would certainly follow suit.

After graduating from Deerfield Academy, Budd Schulberg went on to graduate from Dartmouth College in 1936. While a reporter for the Dartmouth student newspaper, he covered a union strike across the Connecticut River in Vermont that pitted a corrupt union hierarchy against the workers that was his inspi-

ration for *On the Waterfront*.

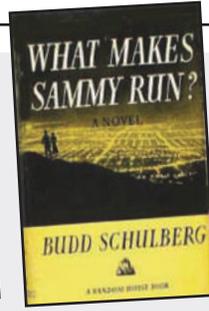
Every major obituary of his 2009 death mentions his stuttering. His 1981 memoir, *Moving Pictures: Memories of a Hollywood Prince*, addressed his stuttering from the very beginning. Before revealing himself as a person who stutters, he included dialogue from memories of his younger years to indicate that he stuttered. For example, when making a statement to his father, he wrote, “L-I-look, D-Daddy, I’m m-making a Wilma c-color., which alerts the reader that he was a person who stuttered. Other such stuttering dialogue is used until Chapter Five when he finally reveals to the reader his struggles with stuttering: “Yes, I seemed to

be favored by the Gods alright. They lavished everything on me. Except for one oversight. The gift of speech.”

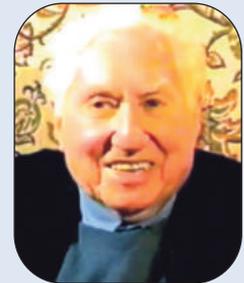
He illustrated the situation by continuing with a definite description of his childhood speech, “Another child would ask me my name and I’d try to say B-b-b-b....’, then run home sobbing, ‘I c-c-c-can’t t-t-talk....’ ‘When I opened my mouth to speak I stammered and stuttered and lisped. To say a word, I would squeeze my eyes together until tears leaked from the corner.’”

Schulberg described a scenario of his mother taking him to a series of specialists, which was all too common for many children who stuttered in the first half of the twentieth century. He was brought to a couple of doctors and then a psychologist.

He mentioned a conversation with one doctor in which he stated that his own father, the famous B.P. Schulberg, also stuttered, but as an adult only under times of stress. The future screenwriter debunked a lot of urban legends about stuttering and its causes.



Budd Schulberg at home with his wife Geraldine Brooks.
©Gunther/mpvimages.com



YouTube

“One theory is that your mind is working too fast and the tongue can’t keep up with it. Another is that stammering or stuttering is an attention-getting mechanism although it seems to me that little Buddy was being smothered in attention.”

In his memoir, Schulberg mentioned the positive experience of meeting another person who stuttered on his first day at the prestigious Deerfield Academy in Deerfield, Massachusetts.

“There had been one early breakthrough. On the first day of school we had been encouraged to introduce ourselves to our dormitory-mates. Passing a tall, earnest-faced young man in the hall, I did my best. ‘Sch...Schu... Sch...olberg, La..La...La...Hollywood’ (like all stammerers, I couldn’t make it with one consonant I tried another), I offered; to which my classmate responded, ‘Eee. Eee. Eee... ton T-t-tTarbell, B.. buh.. buh.. BANGor!’ I had been teased that way my whole life, and was ready to strike Master T-Tarbell. Until I realized that here was a schoolmate who stammered even more convulsively than I did.”

Later on in the book, Schulberg would go into detail how he and Master Tarbell were members of the track team and that the two would relish their sprinting because afterwards they would hyperventilate and have totally fluent speech.

The memoir describes a speech therapy class at Columbia University for children who stutter and their parents. “A group of us would walk around in a large circle, performing like seals, first singing the lines that the therapist gave us, then repeating them in a singsong voice. Ludicrous as it may sound, there was more method than madness in the system. The most extreme stammerer can sing the lyrics of a song without difficulty.”

Schulberg cited the example of actress Marion Davies as being a “chronic stutterer” who would break into song if she became “hopelessly stuck in the middle of a sentence”.

After Dartmouth, his writing career took off when he



and F. Scott Fitzgerald co-wrote the screenplay for *Winter Carnival*, a comedy set at Dartmouth. Fitzgerald was fired from the project before its completion due to his drinking binges. Schulberg later served in the U.S. Navy during World War II with an assignment to the Office of Strategic Services (OSS) that had him working for John Ford’s documentary unit. As a result, he was among the very first American servicemen who liberated Nazi concentration camps. He led a unit that gathered evidence against war criminals for the Nuremberg Trials.

Returning to the U.S., the aspiring writer shook Hollywood to the core with *What Makes Sammy Run?*, a scathing novel in which he used his lifelong exposure to the Hollywood film industry as a background. The protagonist Sammy Glick for years afterwards was used as a symbol for the dark side of Hollywood. With *What Makes Sammy Run?*, Schulberg faced a certain level of ill-will in Hollywood for the rest of his career. His next novel, 1950’s *The Disenchanted*, was a bestseller that was adapted as a Broadway play starring Jason Robards, who won a Tony for the role. In addition, his 1947 novel *The Harder They Fall* received widespread critical acclaim and was popular. His 1957 screenplay

Continued on page 15

On boxing
<https://youtu.be/ZEMenb5ZJvI>

On F. Scott Fitzgerald
https://youtu.be/XMbrt_25XZI

On Hemingway
<https://youtu.be/nSCqYLq68Gg>



“A Face in the Crowd” director Elia Kazan, Lee Remick, and Budd Schulberg on the set in 1956. ©1978 George E. Joseph/mptvimages.com

Joseph Agnello, Ph.D., Remembered

1932-2016

This is part of the eulogy for Joseph Agnello by his son, Tim Agnello, on July 16, 2016.

This is a quote from one of Dad’s favorite individuals. I think of this because it was truly a gift to have dad with us for 84 years, but it was especially



a blessing to have him for the last two years, thanks to a lot of love from those around him. This quote is from Abraham Lincoln and applies to my dad’s last two years, “When you reach the end of your rope, tie a knot and hang on.”

Lincoln also had keen insight when he said, “In the end, it’s not the years in your life that count. It’s the life in your years.” My dad had a lot of life in his years.

Dad lived a fruitful life and had a positive impact on many people. One of my best friends described dad as a generous soul. I particularly like these two words to describe dad’s life with generosity spread to others through his words, actions, and time he spent with others.

From an early age, Dad had to overcome a severe handicap with stuttering. In his late 20’s he came

to terms with stuttering, but he battled with it all his life. I think the

t u r n i n g point for my dad was the realization of his perception of how he

viewed his stuttering and his perception of other people that he interacted with when he was talking.

The generous help of others in his life gave him great insight and shaped his life.

He could be angry with others growing up but obviously overcame this. He turned his handicap into his asset.

As he became an adult, he turned his stuttering weakness into his strength. He overcame great psychological obstacles. He also failed the 1st grade several times, but this did not slow my dad down.

He later enrolled himself in 3+ summer school sessions to keep up with his football buddies at Northeastern, a powerhouse football team in Detroit. He was expelled from college

because he argued with the dean of the college who told him he could not be a speech pathologist since he stuttered. With help from my mom and several influential professors — Charles Van Riper and John Black — he persevered and received his M.A., from Western Michigan University, and Ph.D. from Ohio State, becoming an expert in speech therapy/stuttering. John Black, his major advisor said his PhD dissertation was the most requested document at Ohio State. Truly, God was watching over him and preparing him to help others who stuttered. Eventually he ran a very successful group stuttering therapy

clinic for years, treating people of every socio-economic background. Dad had several inventions that are incorporated into the voice recognition software of today. Further, Dad passed his legacy on through the many speech therapists he taught who now work in the public schools and the private sector.

When he was a child and throughout his college years, he was called “Tutor.” What a fitting nickname and premonition of things to come. He “tutored” numerous students at the University of Cincinnati for 29 years. Additionally, Dad inspired many lives outside the educational setting, including many friends of all ages and backgrounds.

As we grew up, he instilled in us laughter. As all of you know he told many funny stories, many of which gave us insight into some aspect of life. Also he taught us to have fun, laugh at ourselves, be positive, and have an optimistic outlook on life.

From painting a picture of my daughter, Maria, using his right hand because his dominant left hand was paralyzed to tending to his fish pond that the pelicans loved, his passion for the things he did and accomplished in life was endless.

He had a strong influence in all of our lives; he was a best friend, a mentor, funny and a teacher

we all want to be like when we grow up.

All of you have your own stories of the great times and memories you shared with Dad. Please share your stories with us in the future for they are healing to us.

He has personally shaped, and influenced us all. He inspires us, motivates us and his spirit will forever live in our hearts.



Cover page from Dr. Agnello’s dissertation.



Joseph Agnello’s chapter in Advice to Those Who Stutter.

Wylesia's Writing About Stuttering

Catching up with student Wylesia in Cheriton, Virginia, is easy – she is making her voice heard – but you have to be quick because she moves fast!

We first met then 10-year-old Wylesia in 2015 when she sent her story, *Writing Helps*, and an illustration to the Stuttering Foundation's Fall 2015 Newsletter. While Wylesia didn't know anyone else who stuttered, she was inspired by reading about girls her age because "they sound just like me." She hoped her own story would help others like her.

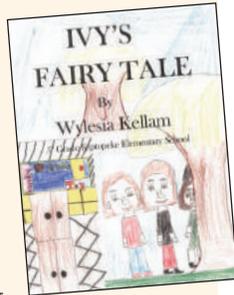
Wylesia's letter and drawing made a big splash at her school, Kiptopeke Elementary in Cape Charles. She made a presentation to the PTA and the School Board, and was honored by the school's principal, teachers, and classmates, her Speech-Language Pathologist, Ms. Cade, reported.

But, as Wylesia says, "I have a lot of dreams for myself." She sets goals and knocks them down like bowling pins! She has moved on to 6th grade, and she is already thinking about college, her degree, and creating her own business. And, she continues to write and illustrate creative stories.

Last spring Wylesia's story, *Ivy's Fairy Tale*, won First Place in Norfolk, Virginia's WHRO's PBS Kids Writers Contest and she was honored during an awards ceremony on May 6th. She was interviewed about her story, and the program can be viewed at <http://tinyurl.com/hv8esd4>.

Ms. Cade tells us, "It really was such a touching story that everyone in the audience was in tears."

Wylesia, now 12, is active proof that stuttering is only a part of a person's overall story. Her dreams and goals are realized by desire and plans and an attitude to succeed, not by speech interruptions. We are happy to share Wylesia's continuing celebrations and successes. We can already say, "We knew her when...!"



Among the Oscar winners for "On the Waterfront" are, from left, Budd Schulberg (writing), Elia Kazan (direction), Boris Kaufman (cinematography) and Richard Day (art direction).

Schulberg *Continued from Page 13*

for *A Face in the Crowd* introduced newcomer Andy Griffith in a starring role as a country singer who rises to stardom only to experience the many dark aspects of fame.

Schulberg is most famous for his 1954 Oscar-winning screenplay for *On the Waterfront*, a movie which won eight Oscars, including Best Actor, Best Movie, Best Supporting Actress, and Best Director. Starring Marlon Brando as longshoreman Terry Malloy, the story explores how Mob-connected unions controlled the waterfront in Hoboken and were hurting the actual workers the unions seemingly sought to protect. Karl Malden had his most famous role as Father Barry, a priest who crusades to support the workers and end the brutal control of the Longshoreman's union by the syndicate.



The 2009 *New York Times* obituary of Schulberg credits him with "writing some of the most famous lines in the history of the movies." For example, in *On the Waterfront*, Brando's character of Terry Malloy says, "I coulda been a contender. I coulda been somebody. Instead of a bum, which I am."

In 2006, Schulberg said in an interview with *The New York Times* that he tried to use his role as a writer to help people and defend rights. "It's the writer's responsibility to stand up against that power. The writers are really almost the only ones, except for very honest politicians, who can make any dent on that system. I tried to do that. And that's affected me my whole life."

Schulberg died at age 95 on August 5, 2009, in Quogue, NY, and was working on screenplays in his final years. He left an incredible legacy as a diverse writer. In viewing some of the interviews he did, which appear on YouTube, people who stutter will immediately pick up on the fact that his speech is less than fluid to say the least. For the stuttering community, Budd Schulberg served as a bright light in that he was always very open about his struggles with his speech and refused to let his stuttering hold him back.

Dear SFA:

Send letters and signed parent permission to:
 The Stuttering Foundation
 P.O. Box 11749 • Memphis, TN 38111-0749
 or e-mail info@StutteringHelp.org

I'm Ready to Go

My name is Diego. I'm in the 6th grade. I started to stutter when I was in 1st grade and I didn't really care about my stuttering until 5th grade. People started to make fun of me and still do now. Now I'm in speech and it really helps me. I use silly putty to help me stretch out my speech. Thanks to speech I will be ready to go to 7th grade.

*Diego, 6th grade
 Santa Barbara, CA*

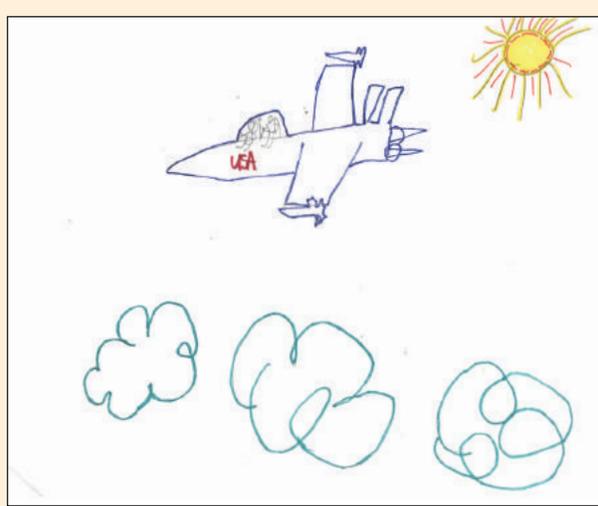
Don't Be Afraid

Hi, my name is Hakeem. I am 11 years old. I am in fifth grade and I go to Indian Creek Elementary. My favorite subjects are math and writing. My favorite things to do are basketball, soccer, and play outside. When I stutter, it is like bumpy speech. When I stutter I get stuck on a word. I also say words or parts of words over and over. I also have trouble with my /r/ sound. When I stutter, I use slow speech (I sometimes use a pace board) and I also use stretchy speech. My favorite one is using the pace board. My advice is to not be afraid to talk to other people. My other advice is to use your strategies if you stutter.

*Hakeem, 11
 Olathe, KS*

Stuttering is Not a Problem

My name is Conner and I am 10 years old. It is easy to notice my friend's stutter but when I stutter it's harder to notice. I think it's because I'm used to stuttering. But when I do notice I pretend to stretch out some silly putty and speech at the same time. If I go too fast the "not real" silly putty will break. Stuttering is not a



My name is Aidan, and I am 8 years old. I am in second grade, and I go to Lake Matthews Elementary School. I started going to speech when I was 7. I think speech is fun because I learn about my speech machine. When I grow up, I would like to be in the air force. I will fly upside down above the clouds and go 1,000 miles per hour!

*Aidan B., 8
 Riverside, CA*

problem; it's just how you speak.
*Conner, 10
 Santa Barbara, CA*

Remember to Wait My Turn

My name is Faith. I am 8 years old. I started stuttering when I was in Kindergarten. When someone is talking if I try to talk over them I stutter. Sometimes I try not to stutter but I do. When I want to talk I breathe in, then talk, so I don't stutter. I use this strategy: I breathe in. Then I talk on air. I have to remember to wait my turn. If you stutter you should keep talking and believe in yourself because it feels good to share your ideas.

*Faith, 8
 Abita Springs, LA*

Stuttering Won't Hold Me Back

Hi, my name is Juan. I am 9 years old. When I stutter I get ner-

vous. In 2nd grade I kept on saying, "Can I-I-I get some food?" Some kids would laugh at me but when I go to speech I finally know that stuttering is not bad for us. I stretch out my speech to help me not stutter. So now I know that stuttering won't hold me back.

*Juan, 9
 Santa Barbara, CA*

Keep Trying Really Hard

Hi! My name is Ryan. I am 11 years old. I live in Glenview, Illinois. I am in 5th grade. I go to Pleasant Ridge School. I started stuttering when I was 5 years old. I go to speech two times a week. My favorite sport is baseball. I decided to write to this magazine because of the connections of the other kids while reading the stories. Strategies that help me in speech are thinking pauses and pre-reading

before I have to read aloud to my speech teacher. For kids who stutter I want them to know to keep trying really hard in speech.

*Ryan, 11
 Glenview, IL*

I Use Strategies

My name is Faith and I'm 8 years old. I'm from California. I stutter. I don't stutter a lot, but I do stutter sometimes. I use strategies like stop and breathe, stop and start over, or stop and count to 5 and try to say the word again and those help me.

*Faith, 8
 Ripon, CA*

I Work Hard to Be Fluent

Hi, my name is Dylan and I'm in 3rd grade. I started stuttering when I was 3 years old. It stopped for a while as I grew, but came back when





I was 5 years old. I stutter in many ways, like holding onto sounds and repeating parts or whole words. I go to speech inside and outside of school. My fluency has improved over the years. I am 8 years old now and doing very good. I think it is sort of funny that I stutter least when I am unaware of my fluency. I am glad I'm not the only one stuttering.

*Dylan, 8
New Bedford, MA*

This is My Story

I am Sydney. I am 8 years old. This is my story. I have been stuttering for about 2 years. When I'm tired I stutter or when I'm excited I stutter. I learned that trying not to stutter makes you stutter more. When I stutter I restart the sentence.

*Sydney, 8
Hastings, MN*

Always Be Nice

Hello, I'm Edward. I'm 11 years old and I'm in the 6th grade. I started speech when I was in the first grade. I was in speech to work on the Spanish /rr/ and language. When I was in the 4th grade I started to stutter. Some kids were laughing at the way I talked. They were calling me names and not being nice. My speech teachers showed me how to use speech tools. Some of the speech tools I like best are slow rate, full breath, stretchy speech, and light contact. Now that I am in 6th grade I am talking more in class and with my friends. Kids are not making fun of me anymore because I am using my speech tools when I speak. My advice is to always practice your speech tools and to tell your classmates to always be nice to everybody even kids that don't talk well.

*Edward, 11
Conroe, TX*



Hello, my name is Lexie. I am in second grade and I go to Tanglen Elementary School in Minnetonka, MN. I live in Golden Valley and I love my school. I really like Looney Tunes and when I watch Road Runner and Wile E. Coyote I think to myself, "Does Road Runner ever stutter?" If you stutter accept the way that you do it. Take deep breaths and think about what you are going to say before you say something.

*Lexie, 8
Golden Valley, MN*

Stuttering Runs in My Family

Hi!! My name is Bella and I'm 9 years old. I am in the 4th grade and I go to Sacred Heart School. I like to do gymnastics during my free time. My favorite NFL football team is the Kansas City Chiefs.

I use to be bullied when I was in Kindergarten. I started speech therapy when I was 5 years old. My therapist is Mrs. L. I used to stutter on words with vowels. We work on fake stuttering because it helps me control it.

I get nervous when I go up to do a speech in front of people. I start shaking a little. What helps me get in front of people is I don't think about my stuttering. Trust me, it works.

I started stuttering when I was about 3 years old. Me and Mrs. L make symbols with our hands to help remind me to slow down. Stuttering runs in my family. My

uncle, and my great grandpa do it too. :-]

*Bella, 9
Boone, IA*

I Don't Think About It

Hi, my name is Aidan and I am 9. Stuttering is okay. If you think about it too often you will be sad. I don't think about stuttering because I know if I do, I will stutter. You shouldn't think about it either. Speech therapy helps me. I use pull outs and cancellations. When you get bullied you should stand up for yourself and not let it hurt you.

*Aidan, 9
New City, NY*

I Use My Words to Win

My name is Quincy. I'm 9 years old. I started stuttering when I was in Kindergarten. I go to speech class to learn strategies to help me express myself even when I stutter.

When I stutter I feel embarrassed and people talk about me. I use this strategy: I breathe in, then I talk on air.

In my battle of stuttering I don't use my fists, I use my words and strategies.

*Quincy, 9
Abita Springs, LA*

I Know There is a Plan

My name is Matthew. I started stuttering when I was 2. Ever since then it has been on and off. I'm 8 now so it's been 6 years since I've started stuttering! Every night my mom prays for me. I usually stutter when I'm trying to explain something. I'm SUPER tired of my stuttering. But I know that God has a plan for me and my stuttering.

*Matthew, 8
Matthews, NC*

I Feel Normal, So Should You

Hi, my name is Logan. I like to play soccer, basketball, football,



Jet, 7, Washington, D.C.

and video games. I also like summer and winter, family, friends, and my mom and dad. I only stutter sometimes, and when I was in second grade someone made fun of me. I was not happy. I was sad and told her to stop and she did. I have learned a lot in speech like the speech man and tools to help control my stuttering. I sometimes have bumpy and stretchy talk. I like to use slide outs, chunking, and airplane take offs to help control my stuttering. When I stutter, I feel normal and you should too.

Logan B., 3rd grade
Blue Springs, MO

Talk the Way You Want

Hi, my name is Kyle and I am in 5th grade. I am eleven years old and started stuttering when I was in third grade. I don't care what people think about my stuttering. I love my mom and dad. I also love to play baseball. I love that sport a lot. It is my favorite. I use tools like slide outs, bounce outs, and airplane take-offs to help control my stuttering. You should be able to talk the way you want.

Kyle, 5th grade
Blue Springs, MO

People Talk — I Don't Care

My name is Kenreese. I'm 11 years old. I stutter, but it doesn't stop me from talking. My favorite

thing to do is to go to boxing. But I don't care if people talk about how I speak. I'm never going to stop trying to help my stuttering. To give advice, don't let anybody say that how you speak is bad.

Kenreese, 11
Omaha, NE

Speech, Debate Team Helps

Hello, my name is Parker. I am 16 years old and I am in tenth grade. I have been stuttering all of my life. My speech therapist Ms. Kristy has helped me a lot. Back in December my speech therapist let me go because she thought that I don't need her anymore. I am on the Speech and Debate Team at my high school, and my Speech and Debate Coach and my teammates have helped me a lot. Now I AM NOT STUTTERING ANY MORE!!!!!!!

Parker, 16
Des Moines, IA

I'm Ready to Tackle the Boss!

Hello! My name is Charlie. I am 14 and I've been stuttering since I can remember. Sometimes I find myself comparing stuttering and my various techniques/strategies to a video game. My stuttering is the enemy, and my techniques are the weapons/abilities I've collected over the course of the game. They've been honed

and upgraded through therapy and I'm ready to tackle the boss!

Charlie, 14
Mt. Pleasant, MI

Can You Get Rid of Stuttering?

I have been seeing a therapist. She is a good speech therapist. We play games, read books, and even read your book! But I still think stuttering is a bad thing. I disagree about stuttering and if you can get rid of it. I want to get rid of stuttering forever. Is that possible? If it is, tell me how to get rid of it! If there is no way to, I respect the information you give me.

I have so many questions. Why did you write the book *Sometimes I Just Stutter*? Did you ever stutter like we kids do? Do you stutter now? Most importantly, why has stuttering changed your life? I go to a charter middle school in Los Angeles. Thank you for reading my letter.

Tajanée, 7th grade
Los Angeles, CA

Editor's Note: Tajanée, you ask some good questions. Not everyone who stutters can be "rid" of stuttering. About 1% of the population worldwide stutters. We still don't know exactly why — whenever we do find out, we will probably be able to get "rid" of it then. In the meantime, the best thing is to go to speech and learn strategies to work

with your stutter. Like the book says, "It's ok to stutter." Sometimes it is better to stutter 'easy' than to push against it! Eddie is grown up now and he tells us that sometimes he still stutters, but it doesn't bother him because that is just a part of the way he is. He also tells us stuttering changed his life because he knows he is important and what he has to say is important. So are you!

No One is Perfect in Life

Hi, my name is David and I'm 13 years old. I stutter and sometimes I get picked on. When I found out that I stutter I was 4 years old. Not everyone is perfect in life because I have a brother who has autism. If you're a kid who stutters and if you get picked on, just ignore it and walk away. I used to get picked on when I was little, too. This boy overheard me talking and he said, "Kid, why do you talk like that?" Like I said, if you stutter just remember you're never alone.

David, 13
Kingsville, TX

I Want to be a Police Officer

Hello, my name is Lucas and I am in 2nd grade. I am 8 years old and I live in Carol Stream, IL. I started stuttering in between Kindergarten and 1st grade. My stuttering strategies that I use are breathing and talking slowly. When I grow up I want to be a police officer. I will have to use my stuttering strategies in order to effectively communicate with multiple individuals on a daily basis. My advice for students is to talk slowly. My most difficulties speaking are at home because when I get all excited I stutter more.

Lucas, 8
Carol Stream, IL



Hi, my name is Lily, I am 10 years old, and I live in St. Paul, Minnesota. I am in the 4th grade at Horace Mann Elementary School. I love to draw and paint in my free time. I am a pretty smart student, in my opinion. I own my own art kit and easel. I like to talk to my friends. I have been stuttering since I was 2 years old. Two speech therapists came to my house to talk to my mom about the stuttering they noticed me doing it at preschool. A young lady came every Monday and Wednesday to my preschool to help me. I met Mrs. H. when I was in Kindergarten. I talk fast and she reminds me to use speech tools and slow down. I mostly don't notice when I stutter. It just comes out naturally. I come to speech Monday and Wednesday.

Lily, 10
St. Paul, MN

Robot Voice Helps

Hi, my name is Maddie. I'm 9 years old. I have something that helps me not stutter. It is called my robot voice. A robot voice is when you talk like a robot so you keep your vocal chords moving. My friends and my teacher help me if people bully me about my stuttering. If I'm having trouble stuttering I use my robot voice to help me. I hope it helps you too.

Maddie, 9
Highland, MI

I Want to be a Pilot

Hello, my name is Nijal and I am in 5th grade. I am 11 years old and I live in Carol Stream, IL. I started stuttering in 2nd grade. I have difficulties when I say the beginning sounds of words. My strategies are easy starts and to breathe. I use these strategies because they help me have good speech and they are easy to use. When I grow up, I want to be a pilot. I will have to use my speech strategies when I am on the radio to talk to people. This is important because if I don't use my strategies, I will not speak clearly. My advice for students who stutter is to relax and use some strategies. My speech teacher helps me by reminding me to use my strategies. Overall, I want to remind people that they are not different and that stuttering is okay.

Nijal, 11
Carol Stream, IL

I'm a Very Cool Kid

My name is Gabriel and I am 10 years old. I do speech therapy at Olive Crest Academy in Orange, California. I am a very cool kid and I like coming to school, sometimes. My favorite things are playing with my friend Manny, riding my bike, and playing soccer. I keep saying that I do not ever ever stutter but my speech therapist tells me that

I do. When my words get stuck and won't come out the way I want, I feel very mad. I feel like an idiot. I feel angry and dumb. We have been reading stories about your foundation and about kids who stutter. I am not sure if I like listening to the stories or not. My therapist suggested I write you a letter but I was not sure if I really wanted to. The strategies I remember are waiting 2 seconds, pausing

Continued on page 20

Editor's Note: We attempt to answer every child's letter personally, so please include a contact name and postal address for either a parent or the SLP of the child along with your submission to Joan at info@stutteringhelp.org. Thank you!

Letters

Continued from page 19

for 1 second in the middle of my sentence, and cancellation, where I stop, pause, reverse and start over.

This is all I really have to say. Are you going to write back to me? I sure hope so, because I want to know how you feel about my letter.

*Gabriel R., 10
Orange, CA*

Editor's Note: We shared with Gabriel that in the book, Sometimes I Just Stutter, it says, "...if talking gets to be very hard very often, you may get mad. ... You start to hate it. ... And it is quite alright to be angry at your stuttering and to hate it. But it's good to share your feelings with other people. That will make things easier all around. Whatever happens, do NOT blame yourself. Because it's not your fault that you stutter. ... Do not forget how important it is that you are you, there is nobody like you, you are one of a kind, you are special." Thanks for writing, Gabriel!

I Love Speech!

Hi, my name is Brooke. I am in fourth grade. I am going to tell you about how you can stutter less. First, you can do easy flowing speech by making little squiggles on your leg for a reminder. Second, you can do a thing called pull-outs. Pull-outs are a long pause in a stutter, then keep going. An example of my stuttering is, "I um want to um go to um the mall." And now I am going to tell you about why I love speech so much: Because you get to spend time with your therapist. Also, because you can have a talk with your therapist about how you can stutter

less. I have had a really good time in speech. I can't wait for next year when I'm in 5th grade!

*Brooke, 4th grade
Old Fort, NC*

It's Just the Way I Am

Hello, my name is Max and I am 10 years old. I live in Kensington, California. I started stuttering at the age of 5. I don't like stuttering because people sometimes don't know what I am saying. I don't think it is that bad compared to Kindergarten. People made fun of me then. Now I think stuttering is just the way I am. The

methods I use are cancellation, pull-out, and taking a breath. They help me to be more fluent. I would recommend not thinking about it too much.

*Max, 10
Kensington, CA*

Just Keep Talking

Hi, my name is Niall, I live in El Cerrito, California and I am in the 4th grade. I go to Kensington Hilltop School. Stuttering does not change who I am — I stay the same, I don't worry about how I talk. It makes me feel special in a sort of way. I am 10 years old. I use cancellation and pull-out to make my speech smoother. If you stutter, don't worry about it. Just keep talking.

*Niall, 10
El Cerrito, CA*

My Advice: Try Your Best

Hi, my name is Marquis and I am 8 years old. I live in Lumberton, NJ, and I go to Ashbrook Elementary School. I love football and I like to eat all foods. I am in 2nd grade and I am good at math and spelling. I started stuttering when I was three years old. When I was five it went away, then it came back when I was six. I go to speech with Mrs. V and she is a great speech teacher. My strategies are stretching, belly breathing, and eye contact. My advice for you is to try your best and go to speech so it can get better.

*Marquis, 8
Lumberton, NJ*

People Listening Can Help

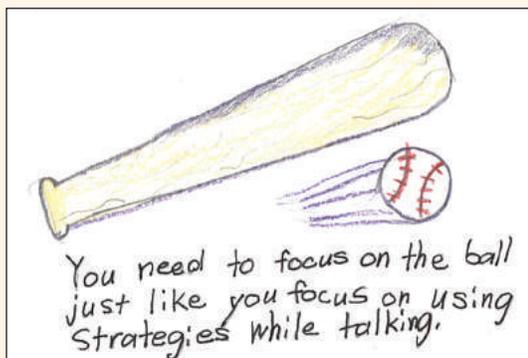
Hello my name is Brock. I am 10 years old and going into 5th grade. I like to do



My name is Ethan. I am 10 years old and in the fourth grade. Some strategies that help me are pausing and phrasing, stretching the word out, and taking a deep breath. I like video games and soccer. I have been playing for four seasons. What is the most common reason for stuttering?

*Ethan, 10
Fuquay Varina, NC*

Editor's Note: Ethan, we aren't sure exactly what causes stuttering and research indicates it may be more than one single reason. For some people, but not all, there is a genetic component, so, like you might inherit brown eyes or being tall, some may inherit a tendency for stuttering. We also know more boys than girls stutter, so scientists are investigating why that might be. It is possible people who stutter may process language in a different area of the brain, just like we use a different part of the brain to sing than we do to talk. Speech is very complex and we don't have all of the answers yet. We do know using your strategies and having a good attitude helps!



Hi! My name is Henry and I am 11 years old. I started stuttering when I was 4 years old. I started going to speech therapy when I was 4 or 5 years old. I'm always hard on myself and I always try to relax. I like to play baseball and my dad is the assistant coach. My family wants the best for me and is very supportive. I go to speech every Tuesday. My speech teacher helps me a lot and is very nice. I've improved my speech a lot since I've started. When I'm going to speak, I always think of how I'm going to chunk it and use a soft touch on it. I can use other strategies as well. My advice is to try to relax and don't talk quickly. Don't let stuttering hold you back from talking.

Henry, 11, Cincinnati, OH

Hi, my name is Gary. I am 8 and in the 3rd grade. I started stuttering at age 3. Just stay smooth when you're talking. I hope I don't stutter as much as an adult. When I stutter, I stay calm and talk on. I like history and social studies. Although I stutter, I am a little bit ahead of my grade. Do you know how to stay smooth and talk on? What helps you? My friends and family don't care if I stutter. I have 12 friends and I still stutter. Some kids go crazy when they stutter, but you just stay calm. Some advice may be, "Ride your bike for a little bit and don't talk while you're riding your bike" and "Maybe take a little nap." And, don't feel shy about stuttering!

Gary, 8, Cincinnati, OH



sports and especially wrestling and lacrosse. I use strategies to help me speak like Long Bot, which means stretching out the word like sssstuttering. You stretch out one letter at a time and it helps to ease out your speech. I also like stretchy speech and I like slow rate. I've been stuttering since I was three to four years old. My speech comes out easy when I sing. I stutter the most when I'm speaking in front of an audience or when I talk to my teacher or anyone I don't know very well. People listening to me can help by not laughing or interrupting me.

Brock, 10

Battle Creek, MI

I Love Sports

My name is Olivia. I'm 10 years old and I'm in the fourth grade. I love to play sports. My favorite sports are basketball, swimming and volleyball. I started stuttering when I was 5 or 6 years old. I start to stutter when I have to talk in front of a big audience. My strate-

gies are to talk slow and relax. I hope you have some strategies too!

Olivia, 10

Aston, PA

Trying Out for Track

My name is Deliah. I am almost 11 years old and I am finishing 5th grade. I live in St. Paul, Minnesota. I have run two 5Ks. I am trying out for track next year in middle school. I started coming to speech therapy in 2nd grade. The speech tools that help me the most are slow rate, chunking, and thinking time. I just found out that Shaquille O'Neal stutters and I did a report on him. My speech therapy room is kind of annoying because there are always Kindergarteners singing in the room next door. But I like coming to speech.

Deliah, 11

St. Paul, MN

I Try My Best

Hello, my name is Hayden and I stutter. My school is National Trail

Middle School. I have trouble talking so I go to speech with Mrs. T. To help my stuttering, I can take a deep breath, stop and restart, or slow down. Sometimes I stutter when I'm talking by repeating words. Sometimes I just feel like I get words confused. I get a little scared when I talk in class. I try my best not to stutter when I'm talking to people in class. Maybe you can take a deep breath and start again from the beginning if you stutter. You can find a speech therapist to help you stop stuttering, too.



Hayden, 11

Eldorado, OH

The Revelation

I'm sitting at my desk, I start my sentence out perfectly, not one mistake. Then I get to that one word that starts with one of those tricky letters, usually the 'H' or 'W.' I

Continued on page 22

Letters

Continued from page 21

begin to repeat the syllable for what seems like at least a minute but in reality only seconds pass. I think of a metronome repeating that same Tick Tick Tick...or I say it too fast. Maybe I mess up an 'R' and say it like a 'W.' It feels like my face gets a little red and my palms moisten. I'm embarrassed but try not to show it. I think, "How do I fix this?" I start thinking and my thoughts start flowing, every once in a while a friend will complete a sentence for me, yes, I'm grateful but sometimes it gets in my way. When I am talking, there are times when I will realize there is going to be a tough word and I will want to change the word because I know I'm gonna get stuck, but that would just make my sentence irrelevant.



But that was then; I'm getting better now. I've learned it fluctuates with mood. I think it's sort of funny that if I'm mad and begin arguing, my words come out perfectly. The things I shouldn't say are the easiest when I'm upset. When I'm excited it could be the hardest to get my words out, unless I yell. When I am with friends, I feel comfortable but even when I feel safe, there I go again. I try to maintain a mellow pace but it often ends up the same way. I always have those days when it's exceptionally difficult but for some odd reason the teasing seems to help in some way. It makes me happy that close friends can joke about things like that. But I've walked the fine line between teasing and mocking, hoping I don't end up on the wrong side.

Altogether this has made me the person I am today, without the teasing or the support, I wouldn't be as confident. I like to think of it as a blessing, and try to find the silver lining. I know if I let every word get to me, I'd regret every word I said. Maybe I can help others who struggle with this too. Those who

stutter and maybe don't have it as good as I do might be encouraged by my experiences and my take on things. Nevertheless, I strive to keep making improvements in my fluency and articulation while keeping my head out of the clouds. High school will be a whole new experience and thanks to the progress I have made this far I am confident I will succeed.

Gage, 14

Lockwood, CA

I'm a Walking Fact Machine

Hi, my name is Tim P. I am 10-1/2 years old and in 4th grade at Horace Mann Elementary School. I like to



Hello, my name is Olivia and I am in the 4th grade. My favorite sport is soccer and I play on two teams. I sometimes stutter but my tools help me. My favorite tools are easy-onset and 2-second pausing. I go to speech therapy at my school and at the MUW. These are posters of the types of stuttering and of my tools. I love the Stuttering Foundation magazine!

Olivia, 4th grade

Columbus, MS

talk and my friends call me the Walking Fact Machine because I know a lot about animals, sports, history, and humans. I like to play sports like football and basketball and some people say I'm tall for my age. I started going to speech when I was in Kindergarten. I have learned that a lot of famous people stutter, like Darren Sproles and Shaquille O'Neal, and that more than 70 million people in the world stutter. The speech tools I use are chunking, easy onset, and stretchy speech.

Tim, 10-1/2

St. Paul, MN

I Hope Everyone Gets Along

Hi, my name is Luis. I'm 9 years old and I'm in the fourth grade. I've been stuttering since Kindergarten. I used to think because I stutter I'm not normal, but now I don't really care if I stutter or not because stuttering is ordinary. My great speech teacher helped me to improve my speech. Ms. L taught me not to fight it but go with stuttering. I use the cancellation strategy so I can always say what I think. Some people make fun of me because they don't know what stuttering is. Stuttering is when somebody says the same thing over and over again, but the stutterer is really just thinking what he or she is going to say. My hope is that everyone gets along with stutterers.

Luis, 9

Boston, MA

Say A Word Once

Hi, my name is Yerik and I like baseball, computer and video games, chocolate, and some other stuff. I am 10 years old and I'm in 5th grade. I go to speech therapy with Ms. L to learn speech strategies. For example, smooth speech, stretchy speech, and say a word once. These strategies help me to speak smoothly and to not stutter. I would tell another stutterer to speak smoothly, speak clearly, say a word once, and use stretchy speech to help them not stutter.

Yerik, 10

Boston, MA

It's Good to Have Friends

Hi, my name is Zy'Yonna. My favorite color is pink. I am in the 5th grade at Van Bokkelen Elementary School in Maryland. I am going to Middle School next fall. I started stuttering as a preschooler. I used to get bullied by the big kids. It made me feel sad.

I have a speech teacher named Ms. A. I have learned breathing, light touch, easy onset, and cancellation. I like using breathing and cancellation the best. I have a chart I use in class to check off my strategies each time I use them. I have friends that I like to talk with and they make me feel comfortable when I talk with them. It is good to have friends to talk to and this helps me not to stutter so much.

*Zy'Yonna, 11
Severn, MD*

If I Pause It Helps

My age is 7, my name is Aiden, I am in the second grade, I go to Lake Mathews Elementary School, and I live in Riverside, CA. I started stuttering when I was five years old. I am going to speech class and it has made my speech better. I like going to speech because it is fun. I learned that if I pause when I talk it can make my speech better.

*Aiden M., 7
Riverside, CA*

I Want to Be A Scientist

My name is Audrina. I am 7 years old. I am from the United States of America. I started stuttering when I was 6 and in 1st grade, so I started going to speech. I think if you stutter you should just slow down and take a deep breath.

When I grow up I want to be a scientist and make potions! Then I want to have three girls. My favorite sport is baseball. I love hip hop, too. My favorite song is 'Dibs' and my favorite color is pink. If someone bullies you, just walk away and don't let it bother you because some kids just have mean thing to say.

*Audrina, 7
Riverside, CA*

Starting Over is Helpful

Hi, I am Omar and I am 8 years old. I'm in 2nd grade and I live in Riverside. I started going to speech in Kindergarten. One of my speech strategies is to start over. I have always liked soccer and basketball.

*Omar, 8
Riverside, CA*

Continued on page 24



Hi, my name is Aleia. I'm seven years old. I'm in 2nd grade. I'm a helpful person to each of my classmates in my class. In speech, I learn my smooth speech. The fun part is that I have friends in speech class and I have a nice teacher. We have a treasure box that has fun stuff in it. Sometimes I don't stutter and I feel great!

Aleia, 7, Fort Smith, AR

Hi, I'm Lillian and I'm in 4th grade and I get bullied. I don't like getting bullied – it makes you feel bad. But if you get bullied, I can help! You can say, "Stop, I don't like that" or you could tell your friends how you feel or tell the teacher. I hope I gave you good advice.

*Lillian, 4th grade
Mt. Pleasant, MI*



Hi, my name is Gracelynn and I am six years old. I really stutter a lot when I am at home. Sometimes when I stutter, I stop and breathe. I like salad and sometimes I stutter when I say "I like salad."

My favorite thing to do is draw, my favorite sport is cheerleading, and my favorite member of my family is my Mom.

Gracelynn, 6, Fincastle, VA



Letters

Continued from page 23



Hello, my name is Cassandra and I have been stuttering since I was five years old. I am 10 years old. When I stutter, I would be disappointed because my 13 year old brother would make fun of me all of the time. But I started to take speech class with two other girls. I got better and used my tool box. For example, a feather glides down softly and I started slowing down when I talk just like a feather.

Cassandra, 10, Cincinnati, OH



My name is Kimberly. I am ten years old. I go to Earl Warren Panthers Elementary School. I like My Little Pony Friendship is Magic. Also, My Little Pony Equestria Girls. I was born in Sacramento. Our speech teacher is really nice, and we also play games. Sometimes my speech gets bumpy. I work on it by using, 'Think First.' Sometimes it bothers me so I remember the strategies to get smooth speech. My advice to tell kids is to practice at home and go to speech and to not get embarrassed if you stutter.

Kimberly, 10, Sacramento, CA

My name is Nadine. I am nine, and I stutter too. I use a ball. For example when it bounces you bounce your way out of stuttering. Stuttering can be hard, but when you practice you won't stutter.

Nadine, 9, Cincinnati, OH



Hi, my name is Ruby and I am 10 years old. I live in St. Paul, MN. I like to play Minecraft and I like Tsum tsums, which are little cute collectible characters from Disney movies. I also like to play the video game Crossy Road. I love cats and dogs. I have been going to speech therapy for four years. The speech tool that I like to use and that helps me the most is light touches. I stutter mostly at home. In my picture I am sharing a report in front of my class. Using your speech tools can help get your words out more easily!

Ruby, 10, St. Paul, MN

Hi, my name is Ellie and I go to Havern School. I also LOVE dragons! I used to stutter a lot but now I barely do it anymore thanks for my two speech teachers Mrs. F. and Ms. W. Mrs. F is my school speech teacher and Ms. W is my out-of-school speech teacher. They taught me strategies like easy speech and slow down. I started stuttering when I was 9 so I have not been stuttering for long. Here are some other things about me: I have a mom, dad, brother and sister. (And don't forget my very cute and mischievous black cat...STITCHER!) My favorite color is yellow. When I stutter it makes me feel sad because I can't say what I want to say to my mom and dad...but I try anyway. It's always a good idea to try again if you don't do it the first time.

Ellie, 12, Lakewood, CO



I like to play soccer, baseball and dodge ball. My favorite strategy for smooth speech is 'Think First.' It helps me when I talk with people. I always think first. When I go to speech, we play different games. When I raise my hand to talk in class, sometimes I get bumpy speech. I feel embarrassed. I like to use the strategies: 'Think First' and 'Melly Mouth.' It helps me a lot. I want to tell other kids: Always use your smooth-speech strategies too!

Mauro, 8, Sacramento, CA



My name is Brandon and I am 8 years old. I started to stutter when I was five. It doesn't bother me as much, but it feels like I'm trapped in a flood and no way out of it, on a rainy day with lightning. I'm just trying to stop stuttering with the best speech teacher ever. The one thing I use to help me talk better is easy onset.

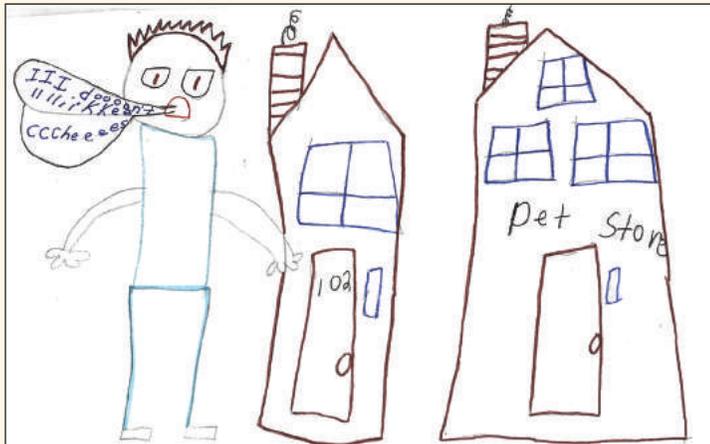
Brandon, 8, Brimfield, MA



My name is Breanna and I stutter. We use the feather so we talk slower. And we also use the slide – it helps. So you don't have to hide your stutter. Be who you want to be.

Breanna, 11, Cincinnati, OH

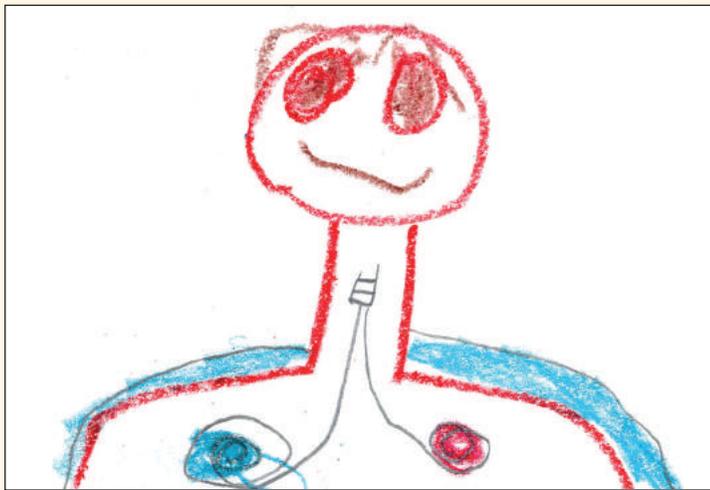
Continued on page 26



Hi, my name is Ahsier and I am 10 years old. I have 2 sisters and a mom and a baby brother and a dad. I like to draw things and I like to copy things and read books. I like to write and I try to sound out my words and write a story about myself. I stutter in different ways and I like to say things when I stutter. Some days I try to slide my stutter out. Cancellations help me and sounding out my words. You can use cancellations and pausing too.
Ahsier, 10, St. Paul, MN



Hi, my name is Terell. I am 9 years old. I like to play basketball and football. I started stuttering when I was in 1st grade. I stutter a lot, but I use sliding out and pausing to help me out. When I raise my hand to answer a question I stutter and people look at me like I am just playing and sometimes they laugh but then I use cancellations. And remember if you fight the stutter, the stutter will fight back. Remember, if you need help you are not alone.
Terell, 9, St. Paul, MN



Dear friends, my name is Micheal. I like to play basketball, baseball, soccer, and football. I like hockey too. I sometimes get bumpy when I talk. I started stuttering when I was four. I am almost done stuttering. I have learned about the speech man and that I am in control of my talking.
Micheal, 1st grade, Blue Springs, MO



Dear friends, my name is Logan. I like to find my elves. Their names are Jingle and Hazel. I stutter. I started stuttering when I was five. In speech, I have learned to use slide outs and chunking to help become the boss of my talking.
Logan S., 1st grade, Blue Springs, MO



I would like to tell other kids who stutter to talk medium and think before you talk. If you get stuck, stop and start over. This helps me make my speech smoother. Sometimes when other kids see me stutter, I get nervous - especially if the boys see me stutter. I just tell them that I go to Speech to learn to stop stuttering. This helps so they don't ask why I stutter and they also know I'm working on it.
Jacob, 9, Sacramento, CA

How My Best Brings Out the Best in Others

By Isabel, 9th grade
Ocean Pines, MD

“Imperfection is beauty, madness is genius and it's better to be absolutely ridiculous than absolutely boring.”- Marilyn Monroe. I have a stutter. No, I am not shy. No, I am not quiet. I am confident in my voice and my speech. As portrayed in books, television, and the media, people who have speech disfluency are depicted as being introverted, and timid. I used to conform to this stereotype. Ever since I was very young, I have always had a stutter; it has always been a part of who I am. Even from the very beginning, it was treated as something I needed to overcome, or “fix.” For a long time, I was focused on “fixing” my speech. I was terrified to participate in class, speak my mind, and make friends. But now? Now I am not afraid. I am not afraid to speak up, to do the things I love most and embrace my disfluency. By doing so, I bring out the best in myself. I am the person I wish I had known when I was a little girl. I let nothing hold me back, and that is how I hope to be a positive role model for others like me.

I love horses. I love to sing, and to play my cello. I love to make friends, and to speak my mind and share my thoughts. For so many years, I've allowed my stutter and what people thought hold me back from being the outgoing person I am. I allowed my stutter to make me quiet. I let jokes, laughs, and whispers stop me. When you think of celebrities and influential public speakers, no one has any kind of speech disfluency, and you are essentially taught

that if you are not a fluent public speaker, you cannot make a difference. For a long time, I would tell myself that I could never follow any dream I wanted to. I could never be a public speaker, or anything that in-



Isabel and her horse, Dreamer.

involved being outgoing. I narrowed down my options until I realized that doing this to myself would not get me anywhere. Limiting my options to what people thought of me was simply not acceptable, and no one can have a truly fulfilling life that way. Too many people have held themselves back with the frustration of not fitting in. When you let that frustration go, when you admit to yourself that you are worth being waited for, you will be so much more confident and you will love yourself for exactly who you are. Last year, I made a decision for myself. I would not let anything hold me back anymore. I was going to start high school, and I was going to make the most of it, no matter what. I am proud of the way I speak, and I always will be.

People who are like me need to know that they are not alone. They need to be shown a future.

They need positive role models to look up to, and they need to be taught to accept themselves, and to know that they are special. I want people who are like my younger self to know that they can do anything they set

their mind to, because they deserve patience and respect, just like everyone else. So don't let their words fool you. Don't let people who don't understand

you, who don't know your dreams and your goals, keep you from being your best. Young people who stutter need role models. It is my goal to be someone to look up to. I want to do my best to be myself, so others don't have to go through being silenced. I want to see everyone succeed. I want to see everyone speak their mind. I want to see everyone given a fair chance to be themselves without ridicule or judgement. I want to set an example for everyone who feels that they can't be themselves. I want to give people hope, and confidence by being myself. That is how I aspire to bring out the best in others. I believe everyone should have the opportunity to be the best that they can possibly be, no strings attached.

What's the big deal?

Stuttering affects only 1% of the world population.

(that's 70 million people)

Every day, 70 million people around the world have difficulty ordering a meal, talking on the telephone, or just saying their name. Maybe you're one of them. Or maybe you know someone who stutters.

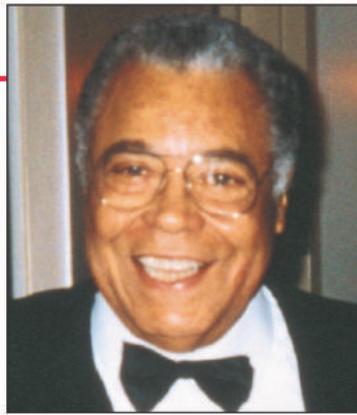
Since 1947, the Stuttering Foundation has sought to help those who stutter.

We know how difficult the daily life of a person who stutters can be. We also know that there are proven, effective ways to help. Let us help you.

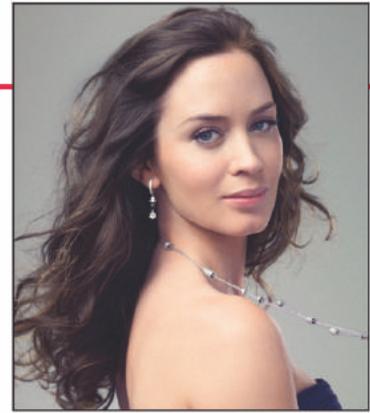
 **THE STUTTERING FOUNDATION®**
A Nonprofit Organization
Since 1947—Helping Those Who Stutter

800-992-9392

www.StutteringHelp.org



Actor **James Earl Jones**, a Broadway and television star, is well-known for his voice as "Darth Vader" in *Star Wars* and his book, *Voices and Silences*.



Emily Blunt starred in *The Devil Wears Prada* and *The Adjustment Bureau*. She won a Golden Globe Award for her work in the BBC television drama *Gideon's Daughter*.



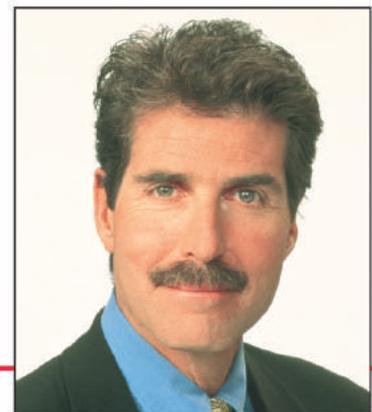
Basketball star **Kenyon Martin** has been a two-time member of basketball's Team USA and was selected to the 2004 NBA All-Star Team.



Bob Love, legendary star of the Chicago Bulls, now heads up Community Affairs for the championship team.



Sophie Gustafson is a member of the LPGA tour and a life member of the Ladies European Tour. She has five LPGA and 21 international wins in her career.



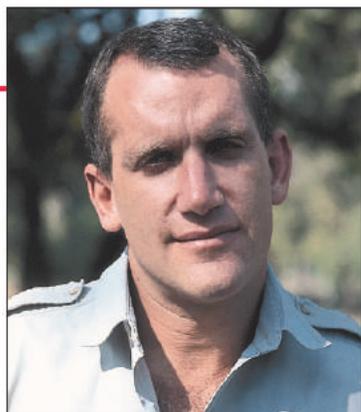
John Stossel, news correspondent and former *20/20* co-anchor, still struggles with stuttering yet has become one of the most successful reporters in broadcast journalism today.

 **THE STUTTERING FOUNDATION®**
A Nonprofit Organization • Since 1947—Helping Those Who Stutter

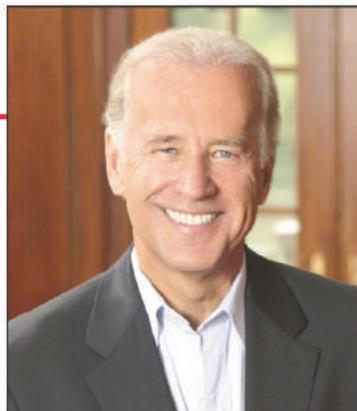
Copyright © 2001-2015 by Stuttering Foundation of America®. All rights reserved.



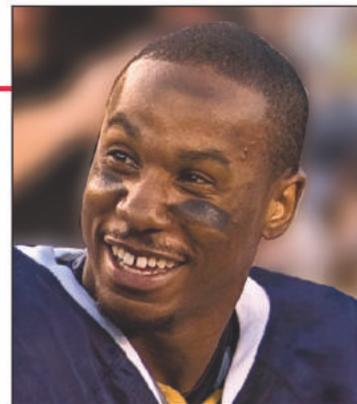
Kishore G. Pitts, ABC News chief and correspondent and anchor, is a Emmy award-winning journalist and author of *Step Out on Nothing*.



Alan Rabinowitz, explorer, conservationist, and zoologist works tirelessly to protect endangered species as described in his new books, *Beyond the Last Village* and *Life in the Valley of Death*.



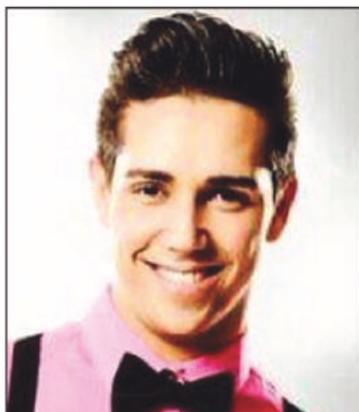
Vice President Joseph Biden began his long political career when he was first elected to the U.S. Senate in 1973 at the age of 30.



NFL star running back Darren Sproles was twice named *The Kansas City Star* Player of the Year. He continues to amaze football fans.



Singer Carly Simon, winner of an Oscar and a Grammy, not only has many hit records but is also an author of children's books.



American Idol contestant **Lazaro Arbos** is credited with spreading the word about stuttering to a new audience with his singing.



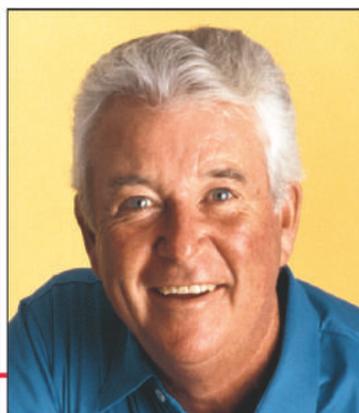
Country music star, song writer, and recording artist Mel Tillis has entertained audiences across the country and around the world.



King George VI was an inspiration to his country when he addressed the empire in radio broadcasts during WWII. The Oscar-winning movie, *The King's Speech*, highlights his courage.



Man Frank Wolf of Virginia, after meeting the challenge of stuttering, helped prepare him to meet the challenges in life.



Legendary golfer Ken Venturi, 1964 U.S. Open champion, was an exceptional commentator for CBS Sports for 35 years.



Marilyn Monroe captivated movie audiences and fellow performers alike throughout her legendary career.



NBA All Star and Hall of Famer Bill Walton is recognized as a well-known and respected sports commentator.

800-992-9392

www.StutteringHelp.org

www.tartamudez.org

If you stutter,
you are definitely
in good company!

www.StutteringHelp.org • 800-992-9392 • www.tartamudez.org



The 11th Oxford Dysfluency Conference will be held Sept. 20-23, 2017, at St. Catherine's College, Oxford, UK.

This year's theme is *Challenge and Change*. The Stuttering Foundation is proud to be one of the co-sponsors of the conference, which has a reputation as one of the leading international scientific conferences in the field of dysfluency. The event brings together researchers and clinicians, providing a showcase and forum for discussion and collegial debate about the most current and innovative research and clinical practices. For more information, visit www.DysfluencyConference.com.



Using Cognitive Approaches with People Who Stutter

The Stuttering Foundation's five-day Eastern Workshop will be held at Boston University during the summer of 2017. Dates will be announced. Workshop leaders are Elaine Kelman, MSc, Cert CT, Cert MRCSLT, and Alison Nicholas, MSc, BA (Hons), CertMRCSLT. Conference coordinator is Diane Parris Constantino, M.S., CCC-SLP of Boston University.

Designing Coursework in the Nature and Treatment of Stuttering

This workshop for university faculty will be held in Iowa City, IA, during the summer of 2017. Dates will be announced.

Don't Leave Home Without the 'I Stutter Card'

Download a free copy of the "I Stutter Card" at www.StutteringHelp.org or request a card by mail by emailing info@StutteringHelp.org.

The wallet-size card explains what stuttering is for those who are unfamiliar with it. It is perfect to use at airport security check points, when speaking to police officers, and as an educational tool.



The workshop is co-sponsored by The Stuttering Foundation and the University of Iowa. Workshop leaders are Lisa A. Scott, Ph.D., The Florida State University; Vivian Sisskin, M.S., University of Maryland; and Patricia Zebrowski, Ph.D., University of Iowa.

Diagnosis and Treatment of Children and Adolescents Who Stutter

The five-day Western Workshop will be held during the summer of 2017. Dates and location will be announced. Workshop leaders are Susan Hamilton, M.A., of University Way Speech Services, and Jennifer Watson, Ph.D., of Texas Christian University.

Back-to-school resources for parents, students, and teachers can be found at www.StutteringHelp.org/School. This special web page includes videos, brochures, a sample letter for teachers, a list of famous people who stutter, and FAQs.



Looking for the latest books about stuttering? You can find an extensive list online at www.StutteringHelp.org/books-stuttering.



Did you know that you can find past newsletters online? We have posted newsletters that go as far back as 1991 at StutteringHelp.org/Newsletters.



Volume 24, Issue 3
The Stuttering Foundation was founded in 1947 by Malcolm Fraser, 1903-1994

Read more about our founder, Malcolm Fraser, online at StutteringHelp.org/about-founder

Special thanks to Joan Warner, Patty Reed, Ron Shafer, Rachele Loir, Donna White, Greg Wilson, Patricia Adams, Jane Fraser, and Scot Squires.