

## An indirect, Demands and Capacities Model based treatment according to the RESTART approach for pre-school children who stutter ONLINE WORKSHOP – 4 MODULES

# Workshop ONLINE

#### Introduction

The RESTART trial (De Sonneville-Koedoot et al, 2015) showed that the RESTART-DCM based treatment and the Lidcombe Program for preschool children who stutter resulted in comparable outcomes 18 months post randomisation. Parents can be offered a choice between two different treatments. This (highly interactive) workshop is designed for speech and language pathologists who want to practice delivering the indirect RESTART-DCM treatment. The description of the Method has been improved and updated in 2021, please view <a href="https://restartdcm.nl/wp-content/uploads/2021/07/RestartDCM-Method-2021\_online.pdf">https://restartdcm.nl/wp-content/uploads/2021/07/RestartDCM-Method-2021\_online.pdf</a>

## Module 1:

#### **Marie-Christine Franken**

#### Monday April 25

This 3-hour webinar provides a general introduction to the RESTART-DCM approach. In this interactive lecture, the background, the research base and a global overview of the treatment method will be presented. Speech therapists who are considering certification for this treatment approach, but have not yet decided, can initially only register for this introduction. After this, they can decide whether they want to follow the full workshop.

## Module 2:

### **Marie-Christine Franken and Ellen Laroes**

#### (Wednesday, Thursday, Friday) May 4-5-6 2022, 18.00 - 21.00 h CET

After Module 2 participants will be able to describe the rationale of the DCM-approach and DCM multifactorial assessment; they will have practiced:

- specific elements of the assessment with a video assessment
- selecting relevant demands to target in treatment
- conducting a parent-clinician conference cf. Restart-DCM approach
- treatment skills regarding reducing motoric and linguistic Demands of the child and the environment.

#### Module 3:

#### **Marie-Christine Franken and Ellen Laroes**

Tuesday, Wednesday, Thursday) June 14-15-16 2022, 18.00 – 21.00 h CET After Module 3 participants will have practiced:

- treatment skills regarding reducing emotional and cognitive Demands of the child and the environment,
- increasing motoric , linguistic , emotional and cognitive Capacities.

Participants will be divided into small groups to make sure that everyone can practice their own skills. Closing this module, participants are invited to start using the Restart-DCM approach. This will also be possible when they will not have young stuttering children in their caseload, at the time.

## Module 4:

#### **Marie-Christine Franken and Ellen Laroes**

(Monday, Tuesday, Wednesday) September 12-13-14 2022, 18.00 - 21.00 h CET

Before the start of Module 4, participants are invited to submit any questions that may have about using the Restart-DCM approach and they are expected to submit a (short) case study applying the approach. During Module 4, participants will practice applying the Restart-DCM approach in relevant aspects of the submitted case studies, and they will participate in 'trouble shooting' related to the questions asked.

Time	Modules 1-2-3-4: 18.00-21.00 h CET (time zone Amsterdam)
Dates	Module 1: April 25 2022
	Module 2: May 4-5-6 2022
	Module 3: June 14-15-16 2022
	Module 4: September 12-13-14 2022
Location	Online - Zoom
Trainers	Marie-Christine Franken PhD, SLP, EFS recognized Fluency Expert, clinical researcher, Erasmus University Medical Centre, Sophia Childrens' hospital, Rotterdam.
	Ellen Laroes, SLP, EFS recognized Fluency Expert, private practice Brunssum, former
	teacher at Zuyd Hogeschool, Heerlen lecturing Fluency Disorders
Cost	675 euro including all workshop materials, access to the protected part of the website
Contact information	info@restartdcm.org
Target group	speech and language pathologists who work / want to treat young children who stutter using an indirect treatment approach
Study load	30 h online contact hours, 5 hours to read thoroughly the RESTART-DCM Method, 4 hours to complete a practical assignment between Module 3 and 4.
Group size	Minimum of 9, maximum of 24
	NB with < 14 participants, only one teacher (instead of 2) will present module 2 and 3.
Accreditation	certificate of participation (30 h) and completion of the practical assignment (4 h)

#### **Practical Information**

#### Registration

If you are interested, please register at the latest **March 15, 2022**. By then, the final decision will be made whether the workshop will take place.

#### To register:

#### E-mail to: info@restartdcm.org

Your name, address, telephone number, date and place of birth (for certificate). If payment of the invoice will not be done by you, please also send us the name and address of the paying person/institute (needed for the invoice).

NB. In case the maximum number of participants (24) is exceeded, date of registration is decisive for the allocation of participation. Also, if you have registered, your registration will be final from March 15. The cancellation policy – available on request - will take effect from that date.

#### Payment:

If you have registered for the workshop, and it has been confirmed that takes place, you will receive an invoice of €675 shortly after March 15. This amount includes the 4 online modules and all (digital) workshop materials. After completing modules 1 and 2, you will receive access codes for the private part of the website. Payment of the invoice must be completed at the latest by: **April 11 2022** (2 weeks before the start of the workshop).

#### More information

For any questions you may have please contact us at:

info@restartdcm.org