



- *Stuttering: For Kids, By Kids* wins Adding Wisdom Award
- Workshop Highlights
- ASHA Reunion Honors Gregory
- The Genius of Dean Williams—now compiled in one publication

DAF in Stuttering: A Potential Anatomical Link

By Anne L. Foundas, MD
Professor of Neurology, Tulane University Health Sciences Center



Anne Foundas

At this juncture neuroscientists believe that developmental stuttering is a complex motor speech disorder with a strong genetic link. Based on converging evidence from cognitive-behavioral, genetic, neurophysiological and neuroanatomical studies, we have learned that it is likely that stuttering does not result from one causative factor. Furthermore, there is increasing evidence that biological subtypes may be demonstrable with the potential that different therapies may benefit different biologically specific types of stuttering. In a series of recent studies our research group has focused on the anatomy and functional representation of the auditory system in individuals with developmental stuttering.

It is well established that the dysfluencies observed in individuals who stutter may be reduced under a number of conditions including choral reading and altered-auditory feedback. Delayed auditory feedback (DAF) is a technique that can induce fluency in individuals who stutter and can make fluent individuals dysfluent. The auditory system, at least at the level of auditory input, is involved in these fluency inducing conditions. Thus, there may be a defect at the level of auditory processing that is at least partially reversed with these procedures. One hypothesis is that alterations in the auditory signal under conditions of DAF diminish an auditory perceptual defect in people who stutter. This auditory perceptual defect might be related to anomalous anatomy of auditory temporal cortex.

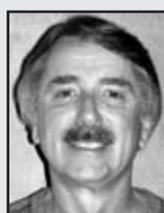
In a 2001 study we found atypical

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USA Today Story on Stuttering Spawns Increased Media Coverage, Web Site Use

A prominent article in *USA Today*, the largest-circulation newspaper in the country, spurred a dramatic jump in traffic on the Stuttering Foundation's Web site (www.stutteringhelp.org) in October.

The October 19 article at the top of the Life section of the newspaper focused on the SpeechEasy device and whether this and other similar electronic devices can help those who stutter. It reported that the Stuttering Foundation plans to support a study to determine why some people find the device helpful and not others.



Peter Ramig

Peter Ramig, professor at the University of Colorado (Boulder) and speech-language pathologist, has fitted some of his clients with the device. He reported in *USA Today* that the device significantly

helped one-third of them. In particular, he found that the device was helpful when he fitted adults who had not seemed to benefit from therapy in childhood.

The SFA hopes that the results of the study will help scientists to easily determine who will benefit from the device and who won't. That's especially important because the device costs about \$4,500 and insurance may be unlikely to cover it.

In fact, the cost has deterred many people from purchasing the device, the SFA found. In a survey conducted in 2003 of 1,000 people who requested information about such devices from the SFA, 85% of respondents decided against purchasing one because of the prohibitive cost and the lack of insurance coverage.

The article quoted SFA President Jane Fraser saying there's no need to spend so much money on a device unless there's a reasonable expectation that it will help. □



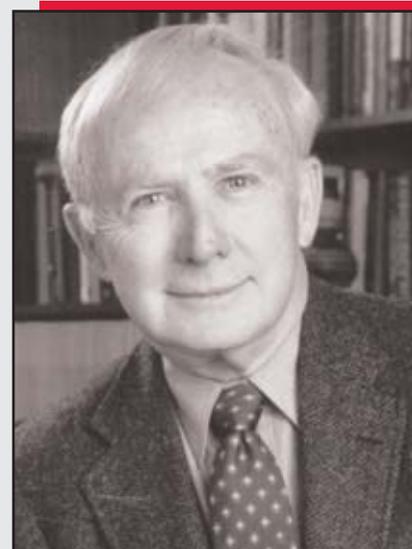
Community Mourns Hugo Gregory

Hugo Harris Gregory Jr., international expert in speech and language pathology and the treatment of stuttering, died October 11 of a stroke and meningitis, following surgery at Johns Hopkins Hospital in Baltimore Maryland.

Born in Texarkana, Texas, the son of Hugo and Lola Brewer Gregory, on July 11, 1928, he grew up in Portland, Arkansas, a small town of 500 people.

Dr. Gregory received three degrees (Ph. D., 1959) from Northwestern University, majoring in speech and language pathology. While a student he met his wife, Carolyn Booth Gregory. Carolyn is also a speech pathologist, and they became life long partners in clinical

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Hugo Gregory 1928-2004

ASHA Draws a Crowd

Friends pay tribute to Hugo Gregory at ASHA 2004

The City of Brotherly Love was a fitting gathering place for the American Speech-Language Hearing Association's 2004 Convention and for SFA workshopers and friends to share remembrances of Hugo Gregory.

Always a time for laughter and friendship, the SFA's annual workshop reunion at ASHA this year was especially poignant as those who studied under Hugo and Carolyn spoke of the tremendous inspiration the couple has been in both their professional and personal lives. A week after the memorial service for Hugo, Carolyn graced the reunion in Philadelphia with her presence, her humor and her enduring love and commitment for Hugo, for those he mentored, and for the field of fluency.

Each year, the SFA hosts a reception for alumni of the *Stuttering Therapy: A Workshop for Specialists* led by Hugo and Carolyn Gregory from 1985 to 2001. The gathering also includes alumni of the five-day workshops around the country begun by graduates of the NU/SFA workshop.

"Thank you for sharing Hugo," was the refrain from "Hugo's girls" who worked with him at Northwestern University and from all those who looked to him for guidance—many of whom are themselves now leading experts in stuttering treatment and who have gone on to mentor a new generation of speech-language pathologists.

As always, the SFA thanks those who volunteered in the exhibit booth, some for more than one shift! Special thanks to: Joe Donaher, Susan Cochrane, Maureen Tardelli, Susan Hamilton, Peter Ramig and Lorrie Scott, Sheryl Gottwald, Trish Zebrowski, Marybeth Allen, Fran Cook, Willie Botterill, Joan Babin, Julie Anderson, Larry Molt, Lisa Scott, Marybeth Allen, Bill Murphy, Courtney Byrd, Mark Pellowski, Adriana di Grande, Charlie Healey, David Evans, Jennifer Watson, Patrice Carothers, Judy Kuster, Barry Guitar, Stacia Thompson Paganelli, Nancy Ribbler, Tony Buhr, John Ellis, Rick Arenas, Darrell Dodge, Ryan Pollard, Bill Shannon, Elizabeth Mendez, and many more hearty souls!

Hot new materials this year included the *Stuttering: For Kids, By Kids* and *Working With Preschoolers Who Stutter: Successful Intervention Strategies* on DVD and video. □



Kathleen Mallory Chase, class of '85.



Larry Molt and Susan Cochrane.



Camera phone! Rosanna Portley and David Daley snap a shot.



Fran Cook and Nan Ratner. Right: Lourdes Ramos Heinrichs and Jane Fraser



Carolyn Gregory and Susan Cochrane.



June Haerle Campbell, Simona Bernardini and Luisella Cocco Raison.



Sheryl Gottwald and Jennifer Watson.



Marybeth Allen, David Evans and Joe Fulcher.



Media Efforts Promote Stuttering Awareness

Here are some other top stories in the news:

■ Morning drive-time news anchor Linda Nunez of KNX talk radio in Los Angeles interviewed Jane Fraser following the report in *USA Today*.



The award-winning reporter co-anchors the news with Tom Haule weekdays from 9 a.m.–12 noon on KNX 1070 NEWSRADIO. Nunez joined KNX in May 1990 and later became the first woman in KNX's history to anchor the morning drive time slot.

■ *The Washington Post* on October 12 ran a photo of U.S. Congressman Frank Wolf (R-Va.) holding the SFA's 15 *Famous People Who Stutter* poster, which includes his likeness. Wolf served as SFA's spokesman for National Stuttering Awareness Week in 2000.

"Had I not stuttered, I don't think I would have been in Congress," the 12-time incumbent is quoted as saying. "It gave me the drive and the determination to stay with it. I'd go so far as to say, maybe, it was an uncommon gift. I'm not so sure you could have convinced me of that at 15."

Wolf, who stuttered badly as a teenager, was often taunted about his stuttering by classmates. He has become an outspoken advocate for the abused worldwide.



■ News radio station *WBZ CBS Channel 4* in Boston aired a story on stuttering on November 8. The broadcast featured the SFA Web site as a source for information.

■ The nationally-syndicated column, *Parent to Parent*, on October 24 featured SFA as a source for help and information on securing speech services through the public school system. Columnist Jodie Lynn also recommended the SFA's newest video/DVD, *Stuttering: For Kids, By Kids* to the mother

of an 8-year-old girl who stutters. (Editor's note: The brochure, Special Education Law, offers more information on services available through the public school system. It may be downloaded for free on the SFA's Web site, www.stutteringhelp.org.)



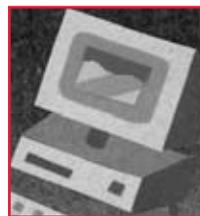
■ Reporter Laura Faber of WZTV Fox 17 News in Nashville aired a story in November on stuttering, using the SFA as a resource for information and photos of famous people who stutter. The station also aired an Associated Press story on the difficulty schools in Tennessee are having in recruiting enough speech-language pathologists.



Congressman Frank Wolf is seen holding the SFA's 15 *Famous People Who Stutter* poster in this photograph in the October 12, 2004 issue of *The Washington Post*.

Web Use Soars with Focus on Fluency

With the increased focus in the media on stuttering, use of the SFA's Web site also soared. On October 19, prompted by a story in *USA Today*, SFA's Web site had 32,665 hits, with 27,715 the following day. In October, there were 658,315 hits on www.stutteringhelp.org, attributed in part to the record number of public service ads in magazines nationally. The Spanish site, www.tartamudez.org, had 16,074 hits in October.



Record Year for Public Service Ads in Magazines

Pick up a copy of *Time* magazine on the newsstands and chances are you'll spot a plug for The Stuttering Foundation. Leaf through other magazines, such as *Golf*, *Seventeen*, *Newsweek* and *People*, and you'll find more.

About 560 magazines ran public service ads for the SFA in 2004, generating thousands of phone calls, e-mails and letters from people seeking help. The magazines cater to all sorts of interests and include those you might find in the supermarket check-out lane (*Good Housekeeping*), in the airplane seat pocket (*Southwest Airlines Spirit*), or at the feed store (*Soybean Digest*).

The SFA tries to reach different audiences with ads tailored to readers of the magazine. For example, *Seventeen* magazine ran ads that featured Nicholas Brendon, star of the television series *Buffy the Vampire Slayer*. *Time* and *People* preferred those featuring conservationist and author Alan Rabinowitz. Of course, the ad with a photo of Winston Churchill is always a favorite, appearing in *Forbes*, *Fortune*, and *AARP* publications. Some magazines, such as the *Journal of the American Medical Association* and *Kiplinger's Personal Finance* magazine, prefer to run ads without photos. "To someone who stutters, it's easier done than said" is a popular text-only ad.

So the next time you pick up a magazine, be on the lookout! An SFA ad may jump out at you.

International Expert in Stuttering Mourned by Colleagues

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work, research, and writing about the problem of stuttering.

Dr. Gregory was Professor of Speech and Language Pathology at Northwestern University in Evanston, IL, from 1962-1993. He authored or edited six books on stuttering. His most recent textbook, *Stuttering Therapy: Rationale and Procedures* (2003), focused on the relationships among theory, research findings, and clinical procedures in treating stuttering.

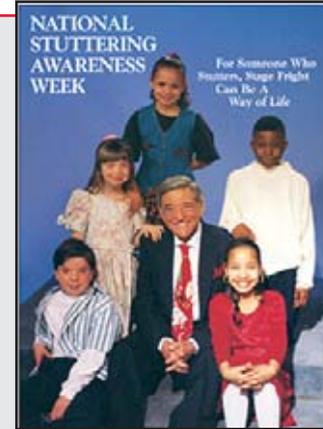
He has been recognized with numerous awards at the state, national and international levels including as the first recipient of the Malcolm Fraser Award (Stuttering Foundation of America), Honorary Degree (Universidade Camilo Castelo Branco, San Paulo, Brazil), and the Honors of the American Speech-Language-Hearing Association (the highest honor of the Association).

One of his proudest accomplishments was his directorship of an annual two-week professional workshop, *Stuttering Therapy: Workshop for Specialists*, held at Northwestern from 1985 to 2001. The workshop was limited to 20 participants a year, and over time he and his staff enhanced the training of more than 255 clinicians from the U. S. and Canada and more than 75 clinicians from other countries representing all continents. Participants developed professional skills which they carried to programs throughout the world, and also formed lasting friendships.

"I can think of no one who has done more to promote and help carry out specialization in the field of stuttering than Hugo Gregory, not only in this country, but also around the world," said Jane Fraser, president of the SFA.

At Northwestern he mentored hundreds of students, directing 15 doctoral dissertations. He was Head of the Speech and Language Pathology Program for seven years, and served on professional committees of the American Speech-Language-Hearing Association and the International Association of Logopedics and Phoniatrics. He had a particular interest in international affairs in his field and he and his wife Carolyn traveled widely, presenting short courses on four continents.

His friends, colleagues and family will remember forever his smile, relaxed style of speaking, and twinkle in the eye. He knew how to listen, and was a natural clinician and wise counselor. □



National Stuttering Awareness Week poster featuring 1995 SFA spokesman Robert Merrill.

Opera Great, SFA Spokesman Robert Merrill Dies at 87

Noted baritone Robert Merrill, who sang more than 500 performances at the Metropolitan Opera, died October 22. He was 87.

Merrill, a cross-over artist, was equally known for popular roles such as in "Fiddler on the Roof" and as the voice of the national anthem on opening day at Yankee Stadium.

Less well known was Merrill's struggle with stuttering.

Merrill served as SFA's spokesman and honorary chairman of National Stuttering Awareness Week in 1995. "I think it's a tremendously important issue because stuttering can make or break you as a human being," Merrill said then. "You can lose so much from your life unless you conquer it and come to terms with it—not only in your professional life, but in your personal life as well. Stuttering makes you unsure of yourself, it make you feel that you are really less than you are—which is a terrible thing."

A Brooklyn native, Merrill, "ended his career as one of the most beloved singers of his time," wrote *Washington Post* staff writer Tim Page in an October 27 tribute to the singer "Part of this was due to Merrill's personal warmth and decency. He seems to have been a genuinely nice man."

Merrill is survived by his wife of 50 years, Marion Machno, his son, David, daughter, Lizanne, and three grandchildren. □

Shelby RR Tourney Raises \$3,500

Shelby Railroad Services again this year chose to benefit the SFA through their annual golf tournament, raising \$3,500 to help those who stutter.

The Memphis-based company held it's annual Tin-Cup tournament on a in October. The blustery weather couldn't dampen high spirits, and the benefit raised \$1,000 more than last year.

"We are thrilled to again be the beneficiary of this tournament," said SFA



John Tarver

President Jane Fraser. "I would like to thank everyone who gave to this worthwhile cause, especially John and Kirk Tarver of Shelby Railroad Services for making this possible."

The Tarvers again chose The Stuttering Foundation for their gift in honor of Ruth Tarver, the late mother of company founder and



Jane Fraser with Kirk Tarver. Shelby Railroad Services' Tin Cup Golf Tournament raised \$3,500 for the SFA.

president John Tarver. Ruth stuttered from the time she was a young child, said Kirk, vice-president of the company. "It didn't matter to us, but it embarrassed her. Back in the '30s there wasn't any help." □

African Families Provide New Avenues for Genetics Research

By Dennis Drayna, Ph.D.

Studies of several remarkable families in West Africa have reinforced evidence for genetic factors in some cases of stuttering, and these families are giving us opportunities for research aimed at understanding these factors.

These families live in the Republic of Cameroon, and were originally discovered due to the efforts of the Speak Clear Association of Cameroon (SCAC), one of the leading stuttering self-help organizations in Africa. Led by Mr. Joseph Lukong, Founder and Coordinator



General, SCAC has reached out to stutters across the many diverse regions of Cameroon, and helped coordinate therapy training and practice in that

country, with the aid of stuttering programs from both Europe and the United States.

In the course of SCAC's outreach activities, they became aware of several large families in which almost half of all family members stutter beyond young childhood. SCAC then contacted researchers at the National Institutes of Health, in Bethesda, Maryland, regarding these families, which sparked the interest of researchers there. Over the past few years, these families have been carefully documented, and the stuttering that occurs has been shown to be typical of stuttering worldwide. Importantly, the affected individuals in these families do not appear to have any other symptoms or disorders beyond stuttering, making them especially helpful for genetic studies.

Two families have been carefully studied so far. One family consists of

roughly 100 individuals in three generations, while the other has 48 members, also in three generations. In these two families there are a remarkable 60 individuals who stutter.

The rare occurrence of these families presents remarkable opportunities for research. We

don't yet know if the gene or genes responsible for stuttering in these families cause stuttering in other populations, but we're making progress finding these genes. If and when we find them, we hope

they'll tell us important things about the cause of stuttering in general."

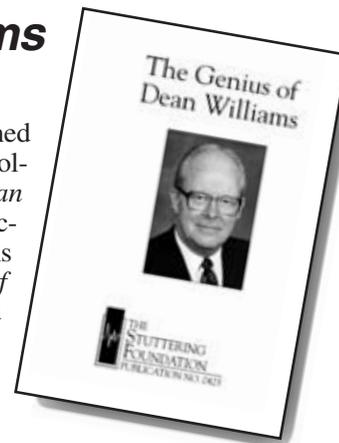
Stuttering therapy might be significantly improved if these underlying causes of stuttering were known. □



Stuttering research volunteers in Cameroon, West Africa. working with Dr. Dennis Drayna, National Institute on Deafness and Other Communication Disorders into genetic factors in stuttering.

The Genius of Dean Williams Book Offers Compilation of Work

A compilation of classic articles by the the renowned authority on stuttering is now available in a single volume with the publication of *The Genius of Dean Williams*. Edited by Carroll Guitar, M.L.S., this collection covers the full range of topics on which Williams wrote. Gathered in one 102-page book, *The Genius of Dean Williams* represents a unique philosophy and approach to stuttering therapy and to clients from a giant in the field. The book is available from the SFA for \$10 each by calling 800-992-9392 or at the on-line store at www.stutteringhelp.org. □



Order Now for National Stuttering Awareness Week in May



NSAW posters and brochures inspire! Our newest poster features wildlife conservationist, explorer and author Alan Rabinowitz.. Great to increase awareness in your school, clinic, community, library or workplace. Order now for NSAW in May, online at www.stutteringhelp.org or call 1-800-992-9392.

15 Famous People Who Stutter, poster and brochures

Give the United Way

Do you give through United Way? You can still directly designate your gift to the SFA! Proof of nonprofit status can be sent to your employer by fax, mail or email.

Alan Rabinowitz NSAW poster

Southern Workshop Fosters Network

The terrific trio of Lisa Scott, Kristin Chmela and Joe Donaher led the 2004 Southern Workshop this past summer.

"This was my first experience working on a five-day conference," said co-director Joe Donaher, M.A., of Children's Hospital in Philadelphia. "What I found was an amazing learning experience surrounded by people who were equally excited about stuttering."

"The workshop was a great success because of the dedication of our attendees and my colleagues," said Lisa Scott, Ph.D., Florida State University. "It's a privilege to spend a week interacting and learning from others who are passionate about helping children who stutter. Not only did we learn from one another but we had a lot of fun. I am thrilled to be part of such a wonderful experience."

"This year the extended role play gave the participants the opportunity to practice skills being learned," Chmela said. "I hope we can continue to dialogue about the kids they are working with who stutter!"



Southern Workshop 2004, from left, back: Joe Donaher, Stacia Thompson, Sandra Ferguson, Ashley Jackson, Terry Clark, Amie King, Mary Chamier, center: Lisa Scott, Janaye Matteson Houghton, Vina Kahre, Valeria Silver, Felix Matias, Wendy Sprague, Hazel Hewitt, Ellen Germain, Elaine Rau, Delores Hudson, Heidi Chew, Rob Burroughs, Edie Jones. front: Nadia Brown, Joe Fulcher, Jane Fraser, Heather Bersuch, Kristin Chmela. Not pictured: Itza D'Avila.

"The setting provided time for deep discussions, debates and conversations on concomitant disorders which frequently coexist with stuttering," Donaher added. "All of us, leaders included,

walked away better prepared to work with children who stutter. Participants became part of a strong network which will foster their future learning and support them in their clinical pursuits." □

"Toughest Teachers" Train SLPs at SFA's Western Workshop



Western Workshop 2004, from left, back: Beatrice Lomonace, James Lautenschlager, David and Gloria Prins, Pat Carothers, Alex Johnson, Jennifer Watson, Susan Hamilton, second row: Patricia Boyd, Linda Shulman, Janet Tilstra, Carole Roth, Treva Graves, Katie Goudie, Abby Farr-Petterson, third row: Deborah Squires, Lorraine Garvey-Will, Shana Gibson, Marie Lambe, Becky Evans, Candi Epperson, Devra Milligan, Joe Fulcher, front: Roxanne Lang, Elisa Huff, Karin Fleming, Ashleigh Hautala, and Julia Steifel.

The toughest teachers at the Western Workshop were only chest-high to most workshop participants. But they knew their stuff and were strict taskmasters.

School-age clients were the "experts," training and testing participants on their knowledge of the speech mechanism, their ability to explore stuttering moments and their ability to use tools with the help of client models.

The kids' parents also engaged participants, bringing up all aspects of treatment in a panel discussion.

Workshoppers, who came from a record 12 states, left inspired and better prepared for stuttering therapy.

"I feel so much more confident about my abilities," said Candi Epperson.

"Thanks for helping us and consequently helping our clients," added Katie Goudie.

Other highlights of the five-day workshop held in June at the University of Washington were demonstrations of clinical techniques by co-leaders Susan Hamilton and Jennifer Watson and guided practice with participants role-playing treatment scenarios.

Guest lecturer David Prins was also a hit with his morning session on evidence-based treatment. □

BCAPS Buys 300 Tapes for Schools

Editor's Note: Here's a great idea for a project for NSSLHA groups and local self-help support groups in the U.S.!

Saying they want to put a copy in every school, the British Columbian Association of People Who Stutter has ordered 300 copies of *Stuttering: Straight Talk for Teachers* from the SFA.

"Over the years, BCAPS has noticed that teachers in the school system appear to have a general lack of awareness and understanding of what stuttering is, how to identify it, and what actions to take once it has been identified," said Lisa Avery, SLP Advisor to the BCAPS Board. "To help teachers to support children who stutter in schools, BCAPS is developing a Teacher Education Pro-gram. This program will include a package of multimedia materials for distribution to teachers and other educators in the public and private school system."

The SFA's 20-minute video will be shown to teachers in 60 schools. SLPs will use the free 40-page handbook to facilitate the sessions, and teachers will receive a two-page fact sheet on stuttering and classroom strategies.

"It is expected that this program will help to build a closer partnership among teachers, parents and school speech-language pathologists so that appropriate and effective treatment can be provided as early as possible to school-age children who stutter," Avery said. □



DVD Honored with an Adding Wisdom Award

Stuttering: For Kids, By Kids, was selected for an Adding Wisdom Award by *Parent to Parent*, the syndicated column. Products are chosen for outstanding quality and supporting family values. The award guides parents in choosing products for their children that not only entertain, but also "add wisdom." (See Special Needs Products for Education, www.AddingWisdomAward.com.)

Swish and Friends Are Scoring Big!

Swish—the ro-tund little animated basketball—and his real friends who stutter in *Stuttering: For Kids, By Kids* are hitting the road.

From the ASHA Convention in Philadelphia to the OSHA conference in Portland, Oregon to an in-service in Cleveland, Swish and friends are making the rounds and scoring points with SLPs, parents and kids who stutter.

"I am thrilled with the Stuttering Foundation's new video," wrote Judy Butler of Franklin, Mass. "I would like to know other SLPs' experiences with showing it. Here are some of my own..."

Fourth grader's mother: You [child] do some of those things in that video, like eye rolling. Second grader: turns away saying, "I don't want to go to school." Second grader: smiling through most of it, looking at parents with apparent feelings of gratitude and relief.

"How are others helping kids process this video?" Butler asked.

"I have a big picture on my therapy wall with Swish," said Joe Donaher, a SLP with Children's Hospital in Philadelphia and member of the team that created the video. "When kids see him we talk about the famous basketball players who stutter like Kenyon Martin and Bill Walton. I then talk about how Swish wanted to learn more about stuttering and this leads into the tape."

"Swish has become an integral part of



Morning host Ron Mahoney with Jane Fraser and Swish on Fox 13 News in Memphis.

my classroom presentation," he added. "Children thoroughly enjoy listening to him while learning about stuttering. The tape presents information in a non-threatening and sensitive fashion."

"I am thrilled with the video. I

have shown it to several clients with parents in my practice. We have discussed many issues and I find that the parents will focus on one or two things and the children on a couple of points, but the bottom line is that the dialogue resulting from the video is wonderful!" wrote Diane Games, an SLP in Cincinnati, Ohio. "I also used the video in my graduate class as a teaching tool when introducing transcription of samples and types of disfluencies. The video provided several short samples of speech with a variety of types of fluency."

Swish has become a darling of the press as well.

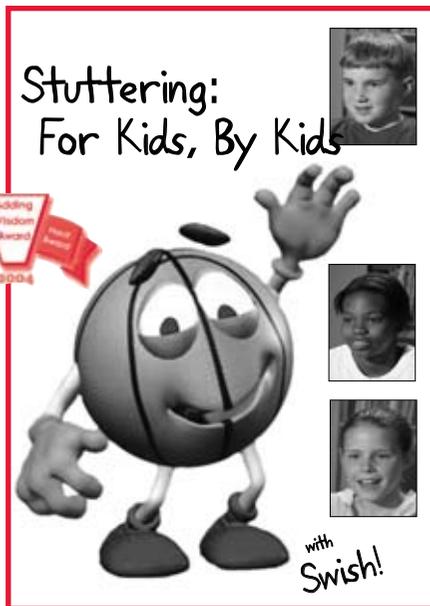
Fox Channel 13 in Memphis chose Swish as the focus of their back to school program in September. *Long Island Parenting* and *Woman's Day*—with a circulation of 4 million—have chosen Swish to launch 2005 with articles in January and March on helping school-age children who stutter.

Reporter Angela Daidone of KABC Channel 7 in Los Angeles is using *For Kids, By Kids* with live interviews of children from L.A. and Drs. Glyndon and Jeanna Riley for a segment.

And stacks of press clippings, with more arriving daily, attest to the charm and effectiveness of the 12-minute video, which features kids of all ages talking about whether their stuttering bugs them, dealing with bullying, how to tell people you stutter, and more.

Many parents and children who stutter have never met anyone else who stutters, and hearing and seeing other kids who do talk honestly about it is a tremendous benefit in itself.

"The tape has been an invaluable tool for parent training," Donaher said. "They see many children, each with their own characteristics, who all stutter. Too often parents have a stereotypical view of what a 'stuttering child looks like. By demystifying stuttering, this tape has helped parents put things into perspective." □





Dear SFA: Reader Response

Send letters to SFA, P.O. Box 11749, Memphis, TN 38111-0749 or email info@stutteringhelp.org.

Stuttering is... art to Share

Dear SFA:

My name is Jacob. I live in Coeur d'Alene, Idaho. I have two brothers and one sister. I have six cats and one dog. I like to play video games. I have green-blue eyes and blond hair. I wear two watches because one of them tells the right hour and the other tells the right minutes.

I am in the fourth grade at Borah Elementary. I am really good at math. I stutter a lot. Lots of kids tease me about my stuttering and get on my nerves. I have gone to speech for five years and it is a lot of fun. I have been stuttering my whole life.

Here at Borah School we have stuttering parties. Kids that stutter in School District #217 are invited. I have been president of the parties for two years and this is my third. I get to think of any type of food I want and in May I don't have to go to class for one whole day.

Two years ago I made this picture. It was done with watercolor. I just started painting and it turned out this way. The real painting looks better and it is at my mom's house. I am sending you this picture and letter because my speech teacher said that if I wanted to I could. She thinks my picture is the best out of all the 14 years that she has seen kids' artwork in speech. I think my painting is awesome. My speech teacher and I were hoping that you could put on one of the movies that you make, or in or on one of the front pages of your booklets. The picture will show other kids and adults that they are not the only ones who stutter and for people who don't stutter to learn more about stuttering.

Jacob M.

President of *Stuttering in School*

Sharing Story of Stuttering Helps Others Years Later

I want to tell you all a wonderful story. In 1998 I went back to my high school and in front of all teachers I told them what had been the matter with me and my stuttering when I was in the school from 1978 to '87. I left with them the teachers' brochure of the German Association, so that they know what to do with other stuttering children.

[Last week] we had a high school re-



"This picture will show other kids and adults that they are not the only ones who stutter," writes fourth-grader Jacob M. from Coeur d'Alene, Idaho.

union after 17 years since graduation. When I entered the big hall, a former teacher approached me and said: "I hoped that you would come tonight. I have a student who stutters and I want him to get in touch with you!" I was so happy that my courage in 1998 had left an impression.

Stefan Hoffman

Germany

What's Up with Stuttering?

Stuttering makes me feel...

Angry when I can't get a word out.

Nervous because kids might make fun of me.

Different from everybody else.

Frustrated when kids finish my sentence and they are sometimes wrong.

Proud because I sometimes get through words without getting stuck.

Excited on some days I don't stutter much at all.

Happy because my real friends listen to me!

Jacob S., 10

Sometimes I Just Stutter

The following letters were written to Eddie a 13-year-old boy and Jenny a 7-year-old girl whose stories appear in one of the SFA's most popular books, *Sometimes I Just Stutter* by Eelco de Geus (Publication No. 0031).

Dear Eddie:

I'm Brandon I'm 11 years old and I know I like to stutter. Why? Because when I talk I just let me stutter. Because if you don't want to stutter it can be a problem. I have a lot of problems. I know you have some problems too. But when someone is teasing you just say "Come back when you can stutter better than me."

Brandon, 3rd grade

Dear Eddie

I know it's hard. I think stuttering is a gift. Do you? I know that we both like to stutter. Oh, by the way, my name is Joshua. Some kids don't like to stutter. That's because they're embarrassed. I told my friends that I stutter. They said "OK, we won't laugh." Only have a good time and don't let stuttering get you down.

Joshua, 4th grade

Dear Jenny:

We know that you have problems about people teasing you. Just make a joke out of it and just make something up. Like if kids are calling you "Stutterface" just tell them that "you should see my fishface." Or tell them "Is that all you got?" And shake their hand. They say, "But we just called you a name." And we say "I know. You did a very good job." Then they are the ones to get confused. I wait 'til I get home to cry. I tell myself that I don't stutter that much.

This is Joshua and Brandon signing off.

Please Send Help

Good morning, SFA:

I have read about your organization and I was wondering if there is any chance you would be able to send material so that I may be able to help myself (or even read stories about how others are coping with stuttering). I live in Cameroon and there will be no way for me to attend anything in the U.S., however if there is any way I could receive newsletters, self-help guides, books, etc, I would really appreciate it. Thank you and God bless.

Victor Banseka Wirba
Cameroon, Africa

Victor was sent free copies of *Advice to Those Who Stutter* and *Self-Therapy for the Stutterer*. □

SFA Supporters Use Web Site, Media to Reach Spanish Speakers Worldwide

Special to The Stuttering Foundation

The Stuttering Foundation Spanish website, www.tartamudez.org, is reaching new heights. Not only is it the first website of its kind in the Spanish language to serve people who stutter and their families, but it has now been featured in newspapers all over the world.

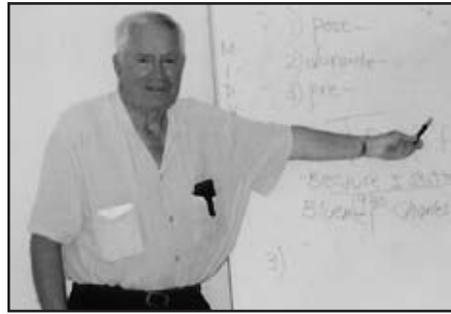
Several ardent SFA supporters submitted letters to the editor of daily newspapers and at least one newspaper in every Spanish-speaking country printed the letter, including Equatorial Guinea, the only Spanish-speaking country in Africa.

In addition, Spanish-language newspapers in the U.S. and Canada printed info about the website as well. The number of "hits" on the website has increased substantially since the letters appeared in November. In a future newsletter, we will print a breakdown of the requests that came from each country to show the progress that has been made with this website.

Furthermore, publication of these letters by SFA boosters have resulted in inquiries by a couple of newspapers about doing feature articles on stuttering and the website; such articles will likely be posted on the website in the future.

We thank all of our supporters who have contacted us with their kind words about our new Spanish-language website and welcome suggestions. □

News Shorts



Cuban Congress Includes Lecture on Stuttering

■ Havana, Cuba was the host city for an International Congress on "Education and Diversity" attended by 160 participants from the U.S., England, France, Finland, Mexico, Spain and Brazil. Fred Murray, one of the presenters, writes that his trilingual capacities "were pressed to the limit when it became apparent that that communications between Cubans, the English and French guests had to pass through me—quite a challenge for one with a history of stuttering! Fred's 40-minute talk was on the theme of "Interdisciplinary Aspects of Management of Stuttering." □

Buy *Sharing the Journey* and Get Free Magnet

■ *Sharing the Journey... Lessons from my students and clients with tangled tongues* is available to readers through a special offer by the SFA and North Country Publishing. Buy the book at the regular price of \$14.95 and receive a free refrigerator magnet with talking tips for parents of children who stutter. Author Lon Emerick, Ph.D., is a former university professor, therapist and severe stuturer. The book's journey is highlighted by 10 maxims for good living, gleaned from stu-

dents, clients and colleagues, from experiences in a long career in the academic world, and from a life-long immersion in nature. Call 800-992-9392 for details. □

Treating the School-Age Child Who Stutters by Carl Dell Now in Czech

■ The Carl Dell classic, *Treating the School-Age Child Who Stutters: A Guide for Clinicians*, is now available in Czechoslovakian thanks to the efforts of Elizabeth Peutelschmiedova, Ph.D., of the University of Olomouc. She has also been on TV and radio in the Czech Republic to talk about the book. □

Alex Johnson Elected President of ASHA



■ Congratulations to Alex Johnson on his election to President of ASHA. Johnson will serve as President-elect for 2005 and then as President in 2006. Johnson, a 1998 graduate of the SFA's *Workshop for*

Specialists, will lead a five-day workshop for SLPs on stuttering therapy once his ASHA duties are over. □

Surviving Adversity

■ Two of the SFA's spokesmen are subjects in a book by Gord Carley. Former Chicago Bulls great Bob Love and actor Nicholas Brendon talk about how they overcame their struggles with stuttering in *Surviving Adversity*. The book includes 30 other profiles of individuals who have overcome adversity. It may be purchased through the SFA for \$12.95. Fifty percent of the sales price to the SFA! □

Stuttering and Your Child: Q & A in Korean

■ Moonja Shin has translated one of SFA's most popular publications, *Stuttering and Your Child: Questions & Answers*, for parents of young children into Korean. This is her second translation of an SFA book. □



A group from the Shanghai Stuttering Association gathers for a photo at ISAD in Oct.

■ The Stuttering Foundation two-day conference for speech-language pathologists working with school-age children who stutter, *Practical Ideas for the School Clinician*, will be held in June, 2005. For dates, place, and an application form, call the Stuttering Foundation at 1-800-992-9392 or check www.stutteringhelp.org.

■ The Stuttering Foundation Eastern Workshop, *Diagnosis and Treatment of Children Who Stutter: Practical Strategies*, directed by Susan Dietrich, Ph.D., Sheryl Gottwald, Ph.D., Edward G. Conture, Ph.D. in collaboration with Diane Parris, M.A., will be held at Boston University. For dates, place, and an application form, call the Stuttering Foundation at 1-800-992-9392 or check www.stutteringhelp.org.

■ The Stuttering Foundation two-week *Workshop for Specialists* will be held at the University of Iowa, Iowa City, Iowa, in June 20-July 2, 2005, directed by Patricia Zebrowski, Ph.D. and Toni Cilek, M.A. For more information, contact the Stuttering Foundation at 1-800-992-9392, or write Dr. Zebrowski, c/o SFA, 3100 Walnut Grove Road, Suite 603, Memphis, TN 38111-0749. This unique workshop brings together speech-language pathologists from all over the world.

■ To purchase a poster entitled *The Bill of Rights and Responsibilities of PWS*, contact Michael Sugarman at MSugarman1@aol.com. It represents the combined effort of the IFA and ISA.

■ Cours d'immersion à la fluidité offrira des l'automne 2004, une fin de semaine intensive sur la fluidité. Pour renseignements, faire venir un courriel à abcbeaielement@sympatico.ca.

■ LISTSERV for doctoral students in stuttering. Membership is limited to doctoral students only. To subscribe, send the following message to listserv@listserv.temple.edu: subscribe stutterdoc firstname lastname or contact Joe Donaher at turtlecraw@aol.com.

■ For those interested in joining Toastmasters International, their address is: Toastmasters International, Inc., Attention: Membership Department, P.O. Box 9052, Mission Viejo, CA 92690, Telephone: (714) 858-8255; Fax: (714) 858-1207.

■ For *Self-Therapy for the Stutterer* in Japanese, write to Dr. Shokichi Nakajima, 2-21-1 Ogawa Machida-shi, Tokyo 194, Japan, Phone: 0427 (96) 5092.

■ For *Self-Therapy for the Stutterer* in French, write the Association des Begues du Canada, 2596 A rue Chapleau, Montreal, Quebec, Canada, H2K 3H6; 1-877-353-1042. Enclose \$20 Canadian for printing, postage, and handling costs.

■ For *Stuttering and Your Child: Questions and Answers* in Hindi, write to: Dr. Sajiv Adlakha, Adlakha Speech and Hearing Clinic, A67 Dayanand Colony, Lajpat Nagar - 4, New Dehli-110024, India, or e-mail: adlakhas@hotmail.com Those interested in joining a fluency and public speaking skills group should also contact Dr. Adlakha at the above address.

For a list of books on stuttering or related topics, please visit our web site.

Our best wishes for a happy new year! From the staff at SFA.



From left, back: Susie Hall, Lisa Scott, Lisa Hinton, Joan Warner, Jane Fraser; front: Pat Hamm, Roberta Brugge. Not pictured, Anne Edwards, John Bell and Deborah Squires.

DAF in Stuttering

Continued from page 1

anatomy in auditory temporal brain regions (planum temporale, PT) in a group of adults with persistent developmental stuttering (PDS). We postulated that his anatomic defect may be functionally relevant, and the results of a recent study suggest that there may be a structure-function relationship. In this study (November 2004, Neurology) we examined a group of adults with PDS and fluent adults. The PT was measured on volumetric MRI brain scans, and subjects were classified as having a typical leftward PT asymmetry (left larger than right) or atypical rightward PT asymmetry. Prose passages were read at baseline, with non-altered feedback (NAF), and with DAF, and fluency was measured in these three conditions. In the adults with PDS and atypical PT anatomy, fluency was improved with DAF. In contrast, the adults with PDS and typical PT anatomy did not improve fluency with DAF. Our results suggest that anomalous PT anatomy may be a neural risk for developmental stuttering in some individuals. It may be that atypical rightward PT anatomy may alter speech feedback, and treatment with DAF might allow these people to compensate.

References:

Foundas AL, Bollich AB, Corey DM, Hurley M, Heilman KM. *Anomalous Anatomy in Adults with Persistent Developmental Stuttering: A Volumetric MRI Study of Cortical Speech-Language Areas*. Neurology, 2001 57:207-215.

Foundas AL, Corey DM, Hurley M, Heilman KM. *Anomalous auditory processing in adults with persistent developmental stuttering: Dichotic listening measures of free recall and directed attention Cognitive and Behavioral Neurology*. (in press).

Foundas AL, Bollich AM, Feldman J, Corey DM, Hurley M, Lemen LC, Heilman KM. *Aberrant auditory processing and atypical planum temporale in developmental stuttering*. Neurology, 2004, 63:1640-1646. □

SFA Workshops

Two-Day Workshop Stuttering Therapy: Practical Ideas for the School Clinician

■ June 17-18, 2005
Minneapolis, MN

Charles Healey, Ph.D., Peter Ramig, Ph.D., Patricia Zebrowski, Ph.D., Bill Murphy, M.A., and Kristin Chmela, M.A.

Five-Day Workshop Treating Children and Adolescents Who Stutter

■ June 22-26, 2005
Boston, MA

Edward G. Conture, Ph.D., Susan Dietrich, Ph.D., Sheryl Gottwald, Ph.D., and Diane Parris, M.S.

Two-Week Workshop Stuttering Therapy: Workshop for Specialists

■ June 20-July 1, 2005
Iowa City, IA

Patricia Zebrowski, Ph.D., Toni Cilek, M.A., Edward G. Conture, Ph.D. and Peter Ramig, Ph.D.

Applications may be downloaded from the Web site, www.stutteringhelp.org. Click on applications for professional workshops or call 1-800-992-9392.

STUTTERING FOUNDATION™

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